

QUARTERLY ISSUES/PROGRAM REPORT

October 1, 2006 – December 31, 2006

WRC-TV attempts to serve the public interest, convenience and necessity by presenting broadcast material that treats significant issues of the people in the communities served by WRC-TV station. WRC recognizes that it has an ongoing obligation to remain aware of such community issues and to exercise its best judgment as to what broadcast matter should be programmed to treat those needs and interests.

The following is a brief description of such community issues and some of the programs we believe have provided the most significant treatment of such issues during the period October 1, 2006 – December 31, 2006, including the title of such program, its time, type, source, date and duration of broadcast.

NEWS FOUR AT FIVE AND TEN A.M., FOUR, FIVE, SIX AND ELEVEN P.M. TYPE: News Series SOURCE: Local TIME: 5:00-7:00AM, 10:00-11:00AM, 4:00-5:00PM, 5:00-6:00PM, 6:00-7:00PM, 11:00-11:35PM, Monday – Friday; 6:00-6:30PM, Saturday and Sunday. NEWS 4 TODAY. TYPE: News SOURCE: Local TIMES: Weekdays, 5:00-7:00AM, Saturdays, 6:00-7:00AM, 9:00-10:00AM, Sundays, 6:00AM-8:00AM, and 9:00AM-10:30AM. DURATION: See Times. WRC-TV reporters probe special issues of concern to area residents. **Stories generally appear more than once in the daily newscasts, as they are recapped throughout the day.** WRC-TV initiated, in December 1992, active closed captioning of its news broadcasts. Currently, all regularly scheduled news programs thirty minutes or longer are closed-captioned. Also, special news events sometimes are closed captioned, depending on the availability of the transcription service. The word for word transcription service includes chitchat between stories at two hundred plus words per minute, with less than a three-second delay. This effort addresses the needs of more than 300,000 deaf and hard of hearing people in the Washington area.

THE MCLAUGHLIN GROUP. TYPE: Public Affairs SOURCE: Syndicated (Originates from WRC-TV studios) TIME: Saturdays, 7:30-8:00PM, Repeated Sundays, 11:30AM. DURATION: thirty Minutes. This public affairs panel anchored by John McLaughlin, features discussion and analysis of current national and world events by five candid and respected Washington commentators.

ONE ON ONE. TYPE: Public Affairs SOURCE: Syndicated (Originates from WRC-TV) TIME: Sundays, 12:00 DURATION: Thirty Minutes. Host John McLaughlin interviews a prominent political or world leader each week on selected newsworthy issues.

REPORTERS NOTEBOOK. TYPE: Public Affairs SOURCE: Local TIME: Sundays, 6:15-6:30AM. DURATION: Fifteen Minutes. This reporter roundtable, which premiered on October 4, 1992, features discussion of public affairs issues by leading area journalists. The program is part of News 4 Today and usually is hosted by WRC-TV reporter Tom Sherwood. Journalist Milagros Ardin, WMAL-AM; Dave McConnell, WTOP-AM; and Jerry Phillips, WBIG-FM/WTEM-AM, join him.

VIEWPOINT. TYPE: Public Affairs SOURCE: Local TIME: Sundays, 7:00-7:30AM. DURATION: Thirty Minutes. WRC-TV's Joe Krebs hosts this weekly exploration of issues and

people impacting the community. The program is part of the two hour News 4 Today news block on Sundays from 6:00-8:00AM. It premiered on November 15, 1992

I. Family/Miscellaneous

Many children in the Washington effort suffer from being denied the opportunity to grow up in a stable home with parents who can care for them emotionally and financially. WRC-TV helps these children directly through its Wednesday's Child project, described below. The station also broadcasts other news stories on the issue of adoption, some of which are described below.

NEWS FOUR AT FIVE PM. – WEDNESDAY'S CHILD. WRC-TV's Barbara Harrison, on selected Wednesdays, features a child or children who need a home, or celebrates a happy ending to an adoption story. In September, Barbara Harrison, with the Council of Governments, launched a program through which viewers may dial a phone number and find out more about adopting a child through any jurisdiction in our viewing area. Some of the stories are repeated on News 4 Sundays at nine AM. Some of the dates in which Wednesday's Child ran were:

October (4, 11, 18, 25)

November (1, 8, 15, 22, 29)

December (6, 13, 20, 27)

Kids/Family

NEWS 4 October 2-This is the third shooting at a school in just a week, a teenager is accused of shooting his principal to death at a High School in Wisconsin on Friday.

NEWS 4 October 2-City leaders in Gaithersburg are closer to finding a permanent location for day labors to gather and look for work.

NEWS 4 October 2-A battle over tree trimming in Herndon Virginia puts some homeowners against the company that operates a major gas pipeline.

NEWS 4 October 2-Loudoun County Supervisors will meet again tomorrow to consider a plan to develop the land near Dulles Airport.

NEWS 4 October 3-In the wake of recent school violence officials in Prince William County are trying to reassure parents that their children will be safe at school.

NEWS 4 October 3-The schoolhouse shootings has shattered the sense of calm that is normally felt there.

NEWS 4 October 3-Today police say none of the girls was sexually abused by Charles Roberts, but they say just before the murders he reportedly called his wife to tell her he molested two young relatives 20 years ago.

NEWS 4 October 3-The shooting have touched other Amish Communities especially some of those here in Maryland.

NEWS 4 October 3-A controversial development project to build affordable housing on church property in Clarendon is on hold for now.

NEWS 4 October 4-Some children say they're afraid to return to school and the community is considering tearing down the one room schoolhouse, which is now boarded up and surrounded by crime tape.

NEWS 4 October 4-Members of the community are reaching out to the family of the gunman Charles Roberts.

NEWS 4 October 4-Just after 7 am this morning part of a building in the 34 hundred block of 5th Street Southeast caved in.

NEWS 4 October 4-Wednesday's child is Lamont who was introduced two years ago and he's still waiting for a permanent home.

NEWS 4 October 4- The Gospel Rescue Ministries Ready to Work Program provides men who were once homeless or spent time in jail with on the job training.

NEWS 4 October 5-Many parents whose children attend Culpeper Schools didn't seem to mind the extra security measures that were being taken today.

NEWS 4 October 5-Two State Troopers on horseback led a horse and buggy processional this morning through Nickel Mines, Pennsylvania.

NEWS 4 October 5-A judge has thrown out child pornography charges against John Mark Karr.

NEWS 4 October 5-The District's abused, neglected and at risk children now have four big new houses to call home.

NEWS 4 October 5-A gas company says it has the legal right to cut back trees along its right a way, but residents say it's a hack job.

NEWS 4 October 5-Researchers from the Columbus Children's Hospital found that smoke alarms equipped with a personalized recording of a mother's voice telling her child to wake up were nearly 100-percent effective in rousing children out of a deep sleep.

NEWS 4 October 6-It's back to school for thousands of students in Culpeper County, Virginia today, they were told to stay at home yesterday while police investigated a bomb threat.

NEWS 4 October 6-Another funeral was held today for an Amish girl killed in this weekend's school shooting.

NEWS 4 October 6-A chemical fire caused concern for residents living near the plant, because of the billowing smoke from the blaze, police evacuated about 17-thousand people.

NEWS 4 October 6-A new poll finds that Pentecostal and Charismatic Christians are deeply influencing other churches and global affairs.

NEWS 4 October 9-A University of Vermont College student from Arlington Virginia is missing tonight, Burlington police in Vermont are calling the disappearance of 21-year-old Michelle Gardner-Quinn suspicious.

NEWS 4 October 9-Community leaders in DC are asking police to pull people over for speeding hoping the move will curb a spike in pedestrian deaths.

NEWS 4 October 9-The popular website MySpace dot COM is hosting a series of concerts to raise money for humanitarian relief in Sudan.

NEWS 4 October 10-The spike in school violence prompted a National Summit held in Chevy Chase today.

NEWS 4 October 10-In Montgomery County, Lee Boyd Malvo pleaded guilty to the six murders committed during the sniper shootings 4 years ago.

NEWS 4 October 10-Fighting crime begins in the communities, that was the message from DC Police Chief Charles Ramsey today as he launched a new neighborhood watch manual.

NEWS 4 October 10-There's a new Monument on the outskirts of the city that's adding to the skyline, it's the Air Force Memorial and this Saturday it will be dedicated in Arlington.

NEWS 4 October 10-The Culpeper Town Council will meet shortly to figure out how to get Congress to crack down on illegal immigration in the area.

NEWS 4 October 11-A small single engine plane hit a high-rise condominium building on east 72nd street in New York City.

NEWS 4 October 11-A law enforcement official confirmed that New York Yankees pitcher Cory Lidle was aboard the plane that crashed into the New York City high rise.

NEWS 4 October 11-13 schools that were forced into a lockdown today appears to be a hoax.

NEWS 4 October 11-Police in Burlington Vermont are holding out hope they will still find a missing University student from Arlington, Virginia.

NEWS 4 October 11-Today former DeMatha High School coach Morgan Wooten is undergoing a kidney transplant at Johns Hopkins Medical Center.

NEWS 4 October 12-Police released new images today showing Michelle Gardner-Quinn sometime in the hours before she mysteriously disappeared.

NEWS 4 October 12-Investigators in Charles County have arrested a man who they say sexually abused four young boys.

NEWS 4 October 12-A terrifying scene at a Maryland Airport when a twin-engine plane burst into flames as it tried to land.

NEWS 4 October 12-Yankees pitcher Cory Lidle was in the plane with his 26-year-old flight instructor Tyler Stanger.

NEWS 4 October 12-Former DeMatha High School basketball coach Morgan Wooten is said to be resting comfortably at Johns Hopkins University Hospital after undergoing kidney transplant surgery yesterday.

NEWS 4 October 12-a crime crackdown is underway in Prince William County, police are working to track down crooks who are targeting members of the Latino Community because they think they carry large sums of money and won't report it to the police.

NEWS 4 October 12-The Prince William County Police Department has recently added a Spanish interpreter to its staff.

NEWS 4 October 12-This afternoon the official groundbreaking took place for the InterCounty Connector, the ICC has been talked about for decades and construction is now ready to begin.

NEWS 4 October 13-More than a dozen Air force jets dazzled on lookers with some special formations, the jets were conducting another practice run ahead of tomorrow's dedication of the Air Force Memorial.

NEWS 4 October 13-President select Jane Fernandez is meeting with demonstrators to try to convince them to end their blockade of the campus.

NEWS 4 October 16-Jane Fernandez arrived at Gallaudet University this morning to a throng of protesters demanding she step down immediately.

NEWS 4 October 16-A construction worker is hospitalized after being trapped for hours when a trench he was working in collapsed around him.

NEWS 4 October 16-Nancy Lynn was performing snap rolls when the plane went down at a small airfield in Culpeper.

NEWS 4 October 16-Opening statements are underway in the article 32 hearing for a local man charged in the Abu Ghraib prison scandal.

NEWS 4 October 16-The Census Bureau finds singles make up 51 percent of households, the trend represents a dramatic change from just six years ago.

NEWS 4 October 17-Some scary moments for residents as the 16th floor of a Virginia apartment building caught on fire.

NEWS 4 October 17-Tomorrow the DC Council is expected to vote to extend the crime emergency bill.

NEWS 4 October 17-The parents of slain Vermont college student Michelle Gardner-Quinn are accompanying her body back to Northern Virginia tonight.

NEWS 4 October 17-Gallaudet University has postponed its homecoming, which was scheduled for this weekend, students continue their blockade of the schools gates.

NEWS 4 October 17-Another volley in the debate over immigration enforcement, Loudoun County is considering a plan to train its officers to recognize illegals who have broken the law.

NEWS 4 October 18-Opening statements were made in the case of Percy Jordan, he's charged with striking the fatal blow that caused the death of journalist David Rosenbaum.

NEWS 4 October 18-A group of Capitol Hill workers have filed a lawsuit against the Architect of the Capitol Building.

NEWS 4 October 18-A new campaign to curb underage drinking is targeting parents, the new campaign is called We Don't Serve Teens.

NEWS 4 October 18-The Federal Government says Presidential assailant John Hinckley should not be allowed out for overnight visits anymore.

NEWS 4 October 19-A key witness takes the stand today in day two of the David Rosenbaum murder trial, Michael Hamlin is Percy Jordan's cousin.

NEWS 4 October 19-An overnight police sweep got some domestic violence suspects off the streets, more than 70 people got a rude awakening when sheriff's deputies in Prince George's County came knocking late last night.

NEWS 4 October 19-Some Montgomery County School children received quite a treat today, it was a homecoming for Space Shuttle Astronaut Lisa Nowak at Tilden Middle School in Rockville today.

NEWS 4 October 20-Family members say Daniel Eberhardt was flying the single engine plane when it crashed at Tipton Airport, a woman passenger also died in the crash.

NEWS 4 October 20-Remains were found at the World Trade Center site yesterday, more than five years after the attacks a contractor working near Ground Zero found the remains in a manhole.

NEWS 4 October 20-A Fairfax County woman finds herself torn between her love for an adopted child and her anger toward caseworkers who she says withheld critical information about the boy's medical and psychological history.

NEWS 4 October 20-The experts say the secret to staying mentally fit longer is to exercise the brain and tonight's Digital Edge IJ Hudson shows us a new system that will help a lot of people do just that.

NEWS 4 October 20-Finding Nemo was a blockbuster hit on the big screen and now the clown fish is about to swim into new territory, Disney has announced Finding Nemo is being made into a musical.

NEWS 4 October 24-In Fairfax County police are starting an aggressive new campaign to crack down on both pedestrians and drivers who break traffic laws.

NEWS 4 October 24-New numbers were released today and police and County leaders say the news is very encouraging, overall violent crime is down 14 percent from a year ago.

NEWS 4 October 24-County Executive Jack Johnson also took part in today's release of the new crime stats and says his forty percent increase in the police department's budget is paying off.

NEWS 4 October 24-Thousands of new condominiums are being built in the District but problems with the city's schools seem to be keeping families from investing in one.

NEWS 4 October 26-A man who was convicted of a misdemeanor sex offense in Virginia is challenging that state's sex offender registry in court.

NEWS 4 October 26-October is domestic violence awareness month and local leaders will be reaching out to the community to help bring an end to the violence.

NEWS 4 October 27-Rain or shine thousands of runners will be participating in the annual Marine Corps Marathon on Sunday.

NEWS 4 October 27-After years of planning the public got its first glimpse today of the new changes at George Washington's home in Mount Vernon.

NEWS 4 October 27-NBC 4 Connected Set has a story about how Internet is keeping African Americans connected to their ancestry.

NEWS 4 October 30-If you think you're being pulled over by someone that's not a police officer, there are ways you can stay safe and secure.

NEWS 4 October 30-Students at Oakton High School are back at class today just two days after one of their classmates was killed in a car crash.

NEWS 4 October 30-Officials at Johns Hopkins University in Baltimore are investigating a weekend fraternity party that some say had racial overtones.

NEWS 4 November 2-After years of planning and construction a Museum to honor the Marines is almost open.

NEWS 4 November 2-Tickets will be handed out this weekend for the National Christmas Tree ceremony.

NEWS 4 November 3-Students say a party with the theme "Halloween In The Hood" has exposed a larger issue of racial tensions on the campus.

NEWS 4 November 3-A worker inside the Rockville Library was doing some work in the Library's Atrium around 8-30 this morning when the hydraulic lift he was in stopped working.

NEWS 4 November 3-The Military is reporting seven more American Service Members have been killed in Iraq.

NEWS 4 November 7-Fairfax County Football Officials say the South County Football League Commissioner used poor judgment when he pulled the Raptors from the play-offs and ousted the coach.

NEWS 4 November 8-Tonight's Wednesday's child is hoping for a permanent adoptive family.

NEWS 4 November 8-some residents in Loudoun County are calling on board members to reject a development plan near Dulles Airport.

NEWS 4 November 9-The eight people sickened by carbon monoxide poisoning at a Hindu Temple last night are expected to make a full recovery.

NEWS 4 November 9-60 Minutes correspondent Ed Bradley has died, the long time CBS journalist died from complications of leukemia at Mount Sini Hospital in Manhattan today.

NEWS 4 November 9-How do you get a screaming newborn to settle down? Experts say swaddling can help do the trick.

NEWS 4 November 9-The Space Shuttle Discovery made its slow journey out to the launch pad this morning.

NEWS 4 November 10-There's controversy on another College campus over the actions of a student at a recent Halloween Party, this time the school is George Mason University in Fairfax.

NEWS 4 November 10-On this day before America honors its war hero's one branch of the Military was singled out.

NEWS 4 November 10-For thousands of active duty Military members this Veterans Day is a time of reflection.

NEWS 4 November 10-He was a soulful crooner with a powerful voice who followed in his father's footsteps, but the younger Levert Gerald Levert has died.

NEWS 4 November 10-Organizations around our area will pause on Veterans Day tomorrow to remember the sacrifice made by members of our armed forces.

NEWS 4 November 10-An extraordinary exhibit is opening this weekend at the Air and Space Museum which will feature satellite images of earth.

NEWS 4 November 13-A week after reaching a high against the Dallas Cowboys Redskins fans are at a low point following this weekends game against the Philadelphia Eagles.

NEWS 4 November 13-More than five thousand people gathered on the National Mall this morning to break ground on the memorial to honor Dr. Martin Luther King Jr.

NEWS 4 November 13-The Military reports more than 21 thousand US troops have been wounded on the battlefield in Iraq.

NEWS 4 November 13-A growing number of homicides in the District are being blamed on arguments that get out of hand.

NEWS 4 November 13-The winds of change are blowing in the world of Washington sports, yesterday it was a new quarterback and today it's a new manager for the Nationals.

NEWS 4-November 14-Workers at an animal shelter in Long Island, New York say 2 week old Magic and Merlin have cleft palates that prevent them from feeding themselves.

NEWS 4 November 14-Every year the Fannie Mae Foundation and NBC4 try to help those people in need by hosting a walkathon.

NEWS 4 November 14-New guidelines for dealing with gays in the church were overwhelmingly approved at a meeting of the Catholic Bishops in Baltimore today.

NEWS 4 November 15-A safe escape for a family of five this morning after their Gaithersburg home went up in flames.

NEWS 4 November 15-Parents of some children in Gaithersburg want answers after their children were put off at the wrong bus stop and not found until hours later.

NEWS 4 November 15-The National Zoo's four-year-old giraffe is taking a road trip, he'll be spending the winter in Florida.

NEWS 4 November 15-Agencies across the globe announced they're joining forces to crack down on the dark side of the web.

NEWS 4 November 15-Creating affordable housing for the areas growing population is another problem facing local cities today.

NEWS 4 November 15-Wednesday's child was featured two years ago, but she's still waiting for the right family to come forward.

NEWS 4 November 15-Officials in Baltimore have come up with a new way to make a change for the homeless.

NEWS 4 November 15-The National Mall is getting a makeover and you have a say in how it will look.

NEWS 4 November 16-The heavy rains have been tough on drivers in the area, stranding some of them in fast moving flood waters.

NEWS 4 November 16-Area homeowners are also dealing with problems that come with severe storms.

NEWS 4 November 16-This Holiday season you can adopt a Nun to pray for you all year long.

NEWS 4 November 17-For some people across the area it's cleaning up from flood damage inside their homes.

NEWS 4 November 17-This year NBC4 is sponsoring Food 4 Families, a campaign to feed thousands of needy families.

NEWS 4 November 17-Dozens of calls have been coming in from plastic surgeons and veterinarians willing to help the puppies born with cleft palates.

NEWS 4 November 17-earlier this week a little boy in Montgomery County was killed when he slipped on wet leaves and fell back into traffic.

NEWS 4 November 20-After 8 years of service current Chief Charles Ramsey will be stepping down.

NEWS 4 November 20-Outgoing police Chief Charles Ramsey praised the members of the Metropolitan Police Department today.

NEWS 4 November 20-A 6-year-old girl was taken to the hospital after being hit by a van near a school in Montgomery County.

NEWS 4 November 20-Thanksgiving is just days away and as many people get ready to celebrate with a traditional feast, some in our area still don't have enough to eat.

NEWS 4 November 20-NBC4 a proud sponsor of the Food 4 Families Campaign is helping to feed thousands of needy families this Holiday season.

NEWS 4 November 20-A happy reunion today for a mother and her infant son after police say the boy was abducted by a woman who was supposed to be taking care of him.

NEWS 4 November 20-There's a new online tool in Frederick County to help residents stay connected with local police, it's called Warrants on the Web.

NEWS 4 November 21-Cathy Lanier is having a most interesting life, a mischievous kid who became a mom at an early age and now she is poised to become our city's next Police Chief.

NEWS 4 November 21-Food and Friends in northeast DC delivers meals to people in our area who are stricken with AIDS, cancer and other life threatening illnesses.

NEWS 4 November 21-The Redskins got into the Thanksgiving spirit today and helped to deliver hundreds of thousands of pounds of food to needy families.

NEWS 4 November 22-For many prospective homeowners affordable housing has become increasingly difficult to find in the District.

NEWS 4 November 22-There are 48 children in our area with extra big smiles on their faces this week, their dream of a permanent home came true last Saturday during DC Adoption Day in Court.

NEWS 4 November 23-It's being called one of the bloodiest attacks since the US invasion of Iraq three years ago.

NEWS 4 November 23-US troops serving overseas are making the best of this Thanksgiving Day and the President is showing his support.

NEWS 4 November 23-Two High School teams in the District faced off for the Annual Turkey Bowl.

NEWS 4 November 23-Legendary DeMatha High School basketball coach Morgan Wooten has a lot to be grateful for, last month he had a life saving kidney transplant operation.

NEWS 4 November 23-Mayor elect Adrain Fenty was among the many volunteers helping out Food and Friends this morning.

NEWS 4 November 23-A deer charged through the living room window of a Vienna Virginia family and went on a rampage.

NEWS 4 November 23-Prince William County is paving the way for some major development along its Cherry Hill Peninsula.

NEWS 4 November 24-Shopping around the Holiday's can leave you vulnerable to criminals, here are a few tips to keep you safe and secure.

NEWS 4 November 24-Everyday thousands of tourist pass by the Trevi Fountain in Rome and toss a coin in, now those coins will be going to a good cause.

NEWS 4 November 24-A new type of shopping search engine is available on the web.

NEWS 4 November 24-Junk busters dot com offers an out of service tone that you can download to confuse the telemarketer's computer.

NEWS 4 November 27-Men in Hazmats suits investigated after two bottles and a note were found in a restroom near the Memorial.

NEWS 4 November 27-It has been almost a month since a water main break in a northeast Washington neighborhood that sent hundreds of gallons of water into the basements of several homes.

NEWS 4 November 27-A group of religious leaders held a pray-in today protesting US Airways for it's treatment of six Muslims last week.

NEWS 4 November 28-Maryland's top prosecutor will look into the possible misuse of credit cards issued to Prince George's County officials.

NEWS 4 November 28-A Pop Warner football team in need of some serious financial help to get to their leagues Superbowl Game got the word that someone's stepped forward to make that happen.

NEWS 4 November 28-There's more evidence out today showing violent video games may have a negative impact on teenagers.

NEWS 4 November 28-Residents near the Virginia Paving Company say they're trapped in their houses because of the smell and debris the company creates.

NEWS 4 November 28-Virginia is expanding its program that lets crime victims know the whereabouts of their attackers.

NEWS 4 November 28-Two High School students from Indiana are suing to get back into school after they were expelled for making a movie about teddy bears that attack an imaginary teacher.

NEWS 4 November 28-A cigarette is being blamed for sparking an early morning fire that left nine people homeless in Mount Rainier.

NEWS 4 November 29-One County supervisor is calling for a freeze on new home construction.

NEWS 4 November 29-People and organizations who want to feed the homeless with homemade food can't do that because of an existing policy that is now being enforced.

NEWS 4 November 29-Researchers at the University of Southern California found that one in five parents think their children spend too much time online.

NEWS 4 November 29-This week's Wednesday's child is a lovely young girl who has lots of love to give.

NEWS 4 November 29-Students at Bester Elementary School in Hagerstown hurled dozens of pies at the faculty today without getting into trouble.

NEWS 4 November 29-Neighbors say a fire hydrant in the 33 hundred block of Prospect Street broke apart sending water flowing into the street.

NEWS 4 November 30-More than 200 mostly elderly people have been forced from their homes because of a problem with a water main break in Silver Spring.

NEWS 4 November 30-A DC family is suing the District for failing to respond quickly to a medical emergency.

NEWS 4 November 30-The slowing housing market that has Realtors concerned may start affecting the wallets of homeowners in the form of higher property taxes.

NEWS 4 November 30-The government wants to make the citizenship test for immigrants more meaningful.

NEWS 4 November 30-A new study finds methamphetamine use is on the rise in the District.

NEWS 4 November 30-A federal appeals court will consider whether the families of September 11th victims can have access to evidence from the Zacarias Moussaoui trial.

NEWS 4 December 1-A local Rabbi busted in Dateline NBC's To Catch A Predator series will spend the next several years behind bars.

NEWS 4 December 1-Federal Safety investigators say a Metro security camera captured yesterday's fatal accident in Alexandria.

NEWS 4 December 1-Fallen trees are keeping Pepco and other public works crews busy.

NEWS 4 December 1-Some Silver Spring residents left homeless after their apartment building's utilities were flooded have a place to go tonight.

NEWS 4 December 1-The Virginia Department of Emergency Management is encouraging residents to get ready for the winter weather now.

NEWS 4 December 1-New federal rules now require businesses to keep track of all electronic information generated by their employees.

NEWS 4 December 1-The nation's largest drugstore chains say they're working to better protect patient privacy after an investigation found sensitive information about hundreds of customers in trash bins.

NEWS 4 December 4-The Court of Appeals today heard a case that involves 9 same sex couples and could determine whether they can marry.

NEWS 4 December 4-A 16-year-old teenager jumped from a bridge and drowned while he was in police custody off the Occoquan Bridge along I-95 on Saturday night.

NEWS 4 December 4-The study by the Bureau of Justice Statistics shows at least 21 people died at school during the 2004-2005 academic year.

NEWS 4 December 4-Fairfax County school officials are looking into an incident involving a 15-year-old girl and a New York man who ended up in the girls room during a field trip.

NEWS 4 December 4-Over the weekend animal control authorities in Washington County seized control of 74 horses from a farm in Sharpsburg.

NEWS 4 December 4-The Red Cross is trying to help a dozen families displaced in a huge town house fire in Rockville.

NEWS 4 December 4-The Board of Supervisors is expected to back a proposal at it's meeting tomorrow to freeze construction of new homes.

NEWS 4 December 5-Prince William County supervisors are expected to vote shortly on a plan that could dramatically cut down on the County's rapid growth.

NEWS 4 December 5-Throughout the night and early this morning volunteers with the DC hypothermia hotline were out distributing blankets to those in need.

NEWS 4 December 5-Police say the woman who crashed into a gas meter and sparked a three-alarm fire in Rockville yesterday driver's license had been suspended for a year.

NEWS 4 December 6-A suspicious item in the road caused major traffic delays in Virginia this morning.

NEWS 4 December 6-FBI Director Robert Mueller apologized today for an agent's comments on the Michelle Gardner-Quinn murder case.

NEWS 4 December 6-Last night the Board of Supervisors in Loudoun County voted 5 to 4 to slow the growth in the Western two thirds of the County.

NEWS 4 December 6-At least two families will have to find a place to stay after a fire at a Rockville town house gutted a nearby building.

NEWS 4 December 6-Police in Spotsylvania County may have a new lead on a grinch who stole children's gifts less than three weeks before Christmas.

NEWS 4 December 6-Tonight's Wednesday's Child is a bright and talented youngster who has been featured before.

NEWS 4 December 8-More than a dozen construction workers were injured when a slab of wet concrete collapsed at a worksite this morning.

NEWS 4 December 8-Football fever is taking over Chantilly High School now that the varsity team is on its way to the State Championships.

NEWS 4 December 8-Two of the biggest churches in the Episcopal Diocese of Virginia will vote next week whether to break their ties to the National Denomination.

NEWS 4 December 8-Eastern Senior High School's new principal Shawn Hearn was fired yesterday following an investigation by the city's school system.

NEWS 4 December 8-This morning some youngsters from a local Day Care Center stopped by the District's main Postal Facility on Brentwood Road and got a chance to say hi to Santa and Mrs. Claus.

NEWS 4 December 11-Greater Southeast Community Hospital was forced to lay off some of its workers this weekend.

NEWS 4 December 11-Virginia State Officials are teaming up with MySpace to keep sex offenders off its website.

NEWS 4 December 11-A 34-year-old Maryland prisoner died over the weekend and police are treating it like a murder investigation.

NEWS 4 December 11-Funeral services were held this morning for 16-year-old Dustin Muse and his 13-year-old sister Courtney.

NEWS 4 December 11-A special holiday tribute to remember those who've made the ultimate sacrifice is being expanded.

NEWS 4 December 12-A mother and her baby were hurt in an Annapolis apartment fire this morning.

NEWS 4 December 12-Sex offenders would have to get a judge's permission to set foot on school or day care grounds if a bill proposed by Virginia's Crime Commission gains approval.

NEWS 4 December 12-An Episcopal Church in Dale City has become the first in Northern Virginia to sever ties with its National Leadership because of a gay Bishop.

NEWS 4 December 12-A Day Center for homeless people operated by a Fairfax City Episcopal Church is drawing fire tonight.

NEWS 4 December 13-The highly anticipated British Intelligence report into the death of Princess Diana is due to be released tomorrow.

NEWS 4 December 13-Wednesday's child has been in foster care almost all of his young life, at 5 years old he has a lot of energy and a lot of love to offer the right family.

NEWS 4 December 13-A local sixth grader is ready to make a splash on Broadway after landing the lead role in the musical The Lion King.

NEWS 4 December 13-A team of police officers from Fairfax County will be guiding Santa on his 18th Annual Ride for Children collecting toys to help brighten the season for less fortunate children in our area.

NEWS 4 December 14-Family and friends have set up a memorial fund to help the children of a murder victim.

NEWS 4 December 14-A construction worker is dead tonight after falling from a roof of a building.

NEWS 4 December 14-There's an increase in the number of housing foreclosures in this country.

NEWS 4 December 14-Today was the Annual Holiday wreath laying ceremony at Arlington National Cemetery.

NEWS 4 December 14-Two crewmembers are venturing outside the space shuttle to reconfigure the power system that controls half the international space station.

NEWS 4 December 15-Homeland Security Chief Michael Chertoff has announced a plan to prevent terror on the Nation's railways.

NEWS 4 December 15-A prominent developer and a pilot were killed when their helicopter crashed in Southern Delaware.

NEWS 4 December 15-Officials at Gallaudet University say the students who shut down the University this October will be disciplined.

NEWS 4 December 15-A water main break soaked a street in Greenbelt this afternoon.

NEWS 4 December 15-A well-known developer is suing Loudoun County for stopping its plans to build.

NEWS 4 December 15-Troops from the 372nd Military Police Battalion returned home today after a year-long deployment performing one of the most crucial jobs in Iraq.

NEWS December 18-Funeral services were held today at Cornerstone Church in Bowie for Lisa Brown and her nine-month-old baby girl.

NEWS 4 December 18-Family and friends are offering words of strength and encouragement for the woman who police say was set on fire by her ex-boyfriend over the weekend.

NEWS 4 December 18-The Salvation Army's Toy Land Store is now open for business, a ribbon cutting ceremony was held in northwest DC this morning.

NEWS 4 December 18-The search for two missing climbers is continuing on Mount Hood while rescuers prepare to retrieve the body of a third climber.

NEWS 4 December 18-The number of police deaths in Virginia is one of the highest in the Country.

NEWS 4 December 18-During the holiday season police warn shoppers about the dangers of leaving packages exposed in their cars.

NEWS 4 December 18-Bethesda and Washington DC have made Forbes' list of the smartest cities in the country.

NEWS 4 December 18-Instead of getting ready to pack up and come home the astronauts are now doing a fourth space walk to try to repair one of the International Space Stations solar arrays.

NEWS 4 December 19-DC Councilman and former Mayor Marion Barry is considering legal action after his arrest over the weekend by Park Police.

NEWS 4 December 19-Searchers were back out on the Potomac River today looking for a boater who went missing yesterday.

NEWS 4 December 19-Police are investigating a deadly accident that killed a veteran news photographer while he was on assignment.

NEWS 4 December 19-After a weekend in the tabloids and months of alleged misconduct, Miss USA will get a second chance.

NEWS 4 December 19-For nearly a decade Charles Ramsey has been the face of the DC Police, but at the turn of the calendar he will become a private citizen.

NEWS 4 December 19-Sixty elderly and disabled people in Southern Virginia have been forced from their apartments because police found a methamphetamine lab in their apartment building.

NEWS 4 December 19-First Lady Laura Bush has just revealed she's being treated for skin cancer.

NEWS 4 December 19-It's been nearly 2 weeks since a deadly car crash in Loudoun County claimed the lives of teen siblings Dustin and Courtney Muse.

NEWS 4 December 21-This season homes for the holiday's contest is to see who could come up with the best display of holiday decorations.

NEWS 4 December 21-December may go down as one of the deadliest months of the year, so far 71 American troops have been killed this month.

NEWS 4 December 21-A new study shows fewer teens are using illegal drugs but more of them are messing with legal ones.

NEWS 4 December 21-Several cars were struck when a private family dispute suddenly turned very public.

NEWS 4 December 21-Prince William County is studying a plan that could change the way local law enforcement officers interact with immigrants.

NEWS 4 December 22-A group of everyday heroes was honored today in Rockville.

NEWS 4 December 22-An Arlington County police officer is doing better after she was injured on the job yesterday.

NEWS 4 December 22-As troops prepare to spend Christmas in Iraq, they're mourning the loss of five Comrades.

NEWS 4 December 22-The President and his wife spent time with wounded service members at the Walter Reed Army Medical Center.

NEWS 4 December 22-A woman was sworn in today as Commandant of Midshipman.

NEWS 4 December 26-There are still millions homeless from the tsunami and organizations that help in the recovery are coming up against different kinds of obstacles.

NEWS 4 December 26-A firefighter was injured battling a three-alarm blaze.

NEWS 4 December 26-The week between Christmas and New Years is the busiest time of the year for charity donations.

NEWS 4 December 26-Many people are celebrating as today marks the first day of Kwanzaa.

NEWS 4 December 26-Damage assessment is underway in parts of Florida.

NEWS 4 December 26-The end could be near for former Iraqi dictator Saddam Hussein.

NEWS 4 December 27-Ford was the longest living former President surpassing Ronald Reagan who died in June 2004 by more than a month.

NEWS 4 December 27-Today the Ford family home is vacant and up for sale, but friends and neighbors living nearby have nothing but fond memories of the former first family.

NEWS 4 December 27-US capitol police officer say they were told to prepare for Ford's body to come to the Capitol Rotunda on Saturday.

NEWS 4 December 27-The US Marshals Service plans to build a permanent security wall around the Federal Courthouse in Alexandria.

NEWS 4 December 27-A fighter jet that patrolled the skies over Washington during the 2001 terrorist attacks will be on display at a Museum in Washington State.

NEWS 4 December 27-Across the Country tributes and remembrances are pouring in from some of the key places in former President Ford's life.

NEWS 4 December 27-A family was able to thank a 911 dispatcher for helping them in their time of need.

NEWS 4 December 27-Tonight's Wednesday's child is Liliana.

NEWS 4 December 27-There's a new luxury condominium project in the District that will sit on top of a church that serves meals to the homeless.

NEWS 4 December 28-People visiting the National Archives got to see a tribute to the former President.

NEWS 4 December 28-Ford's casket will pass by the White House before arriving at Washington National Cathedral for funeral services at 10:30.

NEWS 4 December 28-The National Day of Mourning for former President Ford here next Tuesday is affecting the inauguration plans for DC Mayor Adrian Fenty.

NEWS 4 December 28-It's the last day on the job for DC police chief Charles Ramsey.

NEWS 4 December 28-The Alexandria home where former President Gerald Ford spent nearly 20 years is looking for a buyer.

NEWS 4 December 28-Rockville is considering a new trash pickup system.

NEWS 4 December 29-Family and friends are gathering in California today where the first of several memorials for former President Gerald Ford is already under way.

NEWS 4 December 29-The late President Gerald Ford will lie in state in the Capitol Rotunda.

NEWS 4 December 29-Before his burial in Michigan funeral services will be held for former President Ford here at Washington National Cathedral.

NEWS 4 December 29-Only a couple of days away now from the biggest party of the year and lots of areas are getting ready to help you ring in the New Year.

NEWS 4 December 29-A new poll found four out of five people tell white lies at least once a day.

Education

NEWS 4 October 2-A new study shows Middle Schoolers who watch TV or play video games during the week do not do as well in school.

NEWS 4 October 4-Students at the Duke Ellington School of Arts got a special visit from a world-renowned jazz musician.

NEWS 4 October 6-There's a standoff tonight on the campus of Galludet University in Northeast, for a second time this year students and faculty are protesting the naming of provost Jane Fernandez as president.

NEWS 4 October 9-A student sit in at Gallaudet University is now in its fourth day, but there is still no resolution.

NEWS 4 October 9-The University of Maryland and Montgomery County School are learning from each other, under a new agreement Northwood High School students learning what college is really like.

NEWS 4 October 10-A list of demands from students to school administrators as the protest at Gallaudet University is now in its fifth day.

NEWS 4 October 11-The protest at Gallaudet University is growing, students took over the school's administration Building last week, today they blocked all access to the campus so no one could get in.

NEWS 4 October 18-The principal at Montgomery Blair High School in Silver Spring hoped the new policy would build a sense of unity and security for students, they must wear a color-coded identity card to school.

NEWS 4 October 19-Officials at the Our Lady of Lourdes Catholic School in Bethesda canceled classes today and tomorrow after more than fifty students and some staff members came down with the Noro-virus.

NEWS 4 October 19-A dismal report on DC's public schools and the number of students who go on to finish college came out today, the report funded by the Bill and Melinda Gates Foundation reveals only nine percent of ninth graders in DC finish college within five years of enrollment.

NEWS 4 October 19-School systems around the country have been watching as Alexandria's TC Williams High School rolled out an innovative program.

NEWS 4 October 19-The woman at the center of the controversy at Gallaudet University is standing her ground.

NEWS 4 October 20-Einstein lost several members of the football team because of the scandal.

NEWS 4 October 20-After two weeks of protest, officials at Gallaudet University have canceled most of this weekend's homecoming events, but some students and alumni have other ideas.

NEWS 4 October 26-Public schools in Prince George's County are now on the states watch list because of poor scores on standardized test.

NEWS 4 October 26-Middle schoolers in Alexandria are raving about the book *The Skin I'm In* by Sharon Flake, today they got the chance to meet the award-winning author.

NEWS 4 October 26-A new study shows just how valuable a college degree can be in today's world, the government report found that college graduates made an average salary of just over 51 thousand 500 dollars in 2004.

NEWS 4 October 27-All of the speakers have some kind of hearing impairment, they say Fernandes resigning is the only way for the Gallaudet Community to move forward.

NEWS 4 October 30-The student protest got their wish and right now the gates are re-opening at Gallaudet University.

NEWS 4 October 30-Montgomery County public school leaders are considering a plan to reduce the number of portable classrooms in schools throughout the county.

NEWS 4 November 2-Websters New World Dictionary has unveiled its 2006 word of the year.

NEWS 4 November 14-Montgomery County School officials say a problem with new computer software that handles grades may have resulted in hundreds of bad grades going home to parents.

NEWS 4 November 15-There are few who would argue public school teachers are paid well.

NEWS 4 November 20-The nation's first stock trading room for High School students is now open for business in Gaithersburg.

NEWS 4 November 27-The Court of Appeals will offer live webcasts of its sessions beginning this Thursday.

NEWS 4 November 27-The Board of Trustees at Gallaudet University is moving closer to selecting a new interim President.

NEWS 4 November 28-Tonight DC school superintendent Clifford Janey is expected to outline his plan for the direction of city schools.

NEWS 4 November 28-Merriam-Webster dot com is taking a poll of the nation's favorite word for 2006 and they want you to weigh in.

NEWS 4 November 30-Students and teachers in Prince George's County were honored today for their achievements.

NEWS 4 December 4-Students and professors from Howard University were among some of the demonstrators who marched to the Supreme Court this morning.

NEWS 4 December 5-George Washington University named a new President today to succeed Dr. Stephen Trachtenberg who's been at the helm since 1988.

NEWS 4 December 6-The Archdiocese of Washington is considering the closure of four Elementary Schools, which would be its largest closure in more than two decades.

NEWS 4 December 6-A new pilot program is being launched in the District that will encourage students to succeed in school and in the workplace.

NEWS 4 December 11-The Space Shuttle Discovery has completed part of its mission in outer space.

NEWS 4 December 13-Montgomery County School Superintendent Jerry Weast today unveiled the new budget for fiscal year 2008.

NEWS 4 December 13-democrats say education reform is at the top of their to do list when they take control of Congress.

NEWS 4 December 15-Prince George's County new school superintendent wants a big boost in his system budget.

NEWS 4 December 21-A gift that keeps on giving for local high school students is expanding, it's a program in Virginia that encourages students to go to college.

NEWS 4 December 22-In Virginia a proposal to change certain high school graduation requirements has fine arts teachers up in arms.

Consumer

NEWS 4 October 2-A new cell phone has a unique way of alerting people it's stolen, a company in London developed the technology.

NEWS 4 October 2-Three big online gambling firms may pull out of the US after Congress passed Legislation to end Internet gaming.

NEWS 4 October 2-Liz Crenshaw reports on a bride who says her wedding registry has registered nothing but disappointment.

NEWS 4 October 3-There are some websites out there that can help you get the inside scoop on companies you're applying to.

NEWS 4 October 3-Liz Crenshaw reports on holiday must have gifts; a big battle between Coach and Target and hotel amenities.

NEWS 4 October 3-Heating your home this winter will cost a little less for Columbia gas of Virginia customers.

NEWS 4 October 5-The scandal is illustrating just how what you put in an electronic message can come back to haunt you, JJ Hudson with Digital Edge to say instant messages may seem to disappear but can hang around for awhile.

NEWS 4 October 5-Liz Crenshaw puts the Shark Grab'n Bag Powered Scooper to the test in Does It Really Do That?

NEWS 4 October 6-Ever wonder how companies get a hold of your personal information, a new television investigation is adding a new theory to the mix.

NEWS 4 October 6-It's made a lot of news as the popular social networking site for today's youth, but a new study shows that more and more adults are using MySpace.

NEWS 4 October 6-If you're hoping for gas prices to drop below 2 dollars a gallon you might be disappointed.

NEWS 4 October 9-The recall was voluntary and very quick, buyers and distributors contacted immediately after irrigation water at one of the lettuce farms test positive for e-coli.

NEWS 4 October 9-Pepco crews are still searching for answers to what caused a series of manhole explosions in a Northwest Washington neighborhood.

NEWS 4 October 9-In consumer news a warning from the US Mint about popular coins that are not legal tender; for online shoppers the holiday shopping season is starting earlier; for Toyota shoppers the brand is losing a little bit of its luster and the Consumer Product Safety Commission is recalling 130-thousand MTD Two-Stage Compact Snow Throwers.

NEWS 4 October 9-With Halloween just around the corner some fear there's going to be a pumpkin shortage this year, that's because pumpkin crops from the Midwest to New England have been hit with two types of fungus.

NEWS 4 October 10-In consumer news winter heating bills could be lower this season; Airline overbookings making it harder for fliers to get their seat; cell phones are taking big profits from hotel operators and credit card companies hope consumers won't forget them for the small stuff.

NEWS 4 October 12-The Center for Housing Policy just did a study of Washington and 27 other cities, it found that the cost of a one way commute of as little as 12 to 15 miles offsets the savings on lower priced homes in the outer suburbs.

NEWS 4 October 12-Young people in the US and the Middle East have something in common, more and more of them are developing hookah habits.

NEWS 4 October 12-A new report finds you'll pay a lot more to insure high priced wheels, according to the Insurance Services Office the Mercedes Benz SL 65 has the most expensive insurance rates.

NEWS 4 October 12-Yahoo is on its own mission to create a digital time capsule, the company is accepting words, pictures, video and drawings from anyone around the world.

NEWS 4 October 12-Microsoft is launching a new campaign to help parents take control of the games their children play using the new X-Box 360.

NEWS 4 October 12-An infomercial promises that you will be tapping out tunes in less than an hour, Liz Crenshaw puts it to the test in Does It Really Do That?

NEWS 4 October 13-In consumer news Liz Crenshaw answers consumer questions.

NEWS 4 October 16-With ghosts and goblins headed to your door soon it's time to think about how to keep the spooky holiday safe.

NEWS 4 October 17-The Federal government released its list for next years model and Toyota Prius Hybrid leads the way.

NEWS 4 October 17-Women tend to lag behind men when it comes to retirement planning, surveys show they start saving too late which means they have to work longer.

NEWS 4 October 19-In Digital Edge a biometric system is installed in Vida Fitness, located at the Verizon Center and it makes the gym and a lot of services available with the touch of a finger.

NEWS 4 October 19-From bridal registries to credit card cramming to automatic shower cleaners, Liz Crenshaw has some follow-ups to her reports.

NEWS 4 October 20-Experts say drivers need to check their vehicle's tire pressure on a regular basis.

NEWS 4 October 20-If you had a car covered by Allstate Insurance in recent years, you may be getting some money back.

NEWS 4 October 23-Gas prices in our area have been dropping since August and Triple A says that should mean a big crowd on the roads for the Holidays.

NEWS 4 October 23-Liz Crenshaw shows if a business suit that's wash and wear make you say wow.

NEWS 4 October 23-Students who attend DC public schools will soon be able to enjoy state of the art new libraries.

NEWS 4 October 24-The Consumer Product Safety Commission recommends costumes be made of flame-resistant material.

NEWS 4 October 26-Home sellers are doing what they can to make sure their homes don't stay on the market too long.

NEWS 4 October 26-Shoppers in our area will now have access to some cheaper prescription drugs; today Wal-Mart unveiled its 4-dollar prescription drug plan in Maryland and Virginia.

NEWS 4 October 26-You may soon be able to monitor your home from your computer or your cell phone, AT&T is introducing a home monitoring service for its customers.

NEWS 4 October 26-A lot of people are talking about high definition television and in tonight's digital edge a couple of ways to see HDTV without buying one.

NEWS 4 October 26-In consumer news home heating warning, IRS tax help, you'll soon be paying a lot more for orange juice and there's a big increase in counterfeit bills in the US.

NEWS 4 October 27-There's a security flaw to tell you about, if you are one of the millions who use Microsoft's Internet Explorer.

NEWS October 27-Liz Crenshaw answers consumer questions.

NEWS 4 October 30-Because of that scare that the government warned consumers not to eat fresh spinach, tonight Liz Crenshaw has the results of some testing that asks the question, Do you need to worry about eating raw vegetables?

NEWS 4 November 2-Another lawsuit has been filed against the maker of the birth control patch Ortho Evra.

NEWS 4 November 2-You'll soon be able to earn airline miles just by sitting still long enough to watch some online ads.

NEWS 4 November 2-The latest trend in the travel industry is a little something called a mancation, it's a vacation for men only.

NEWS 4 November 2-Yahoo is launching a new website to help even the most culinary challenged.

NEWS 4 November 2-Liz Crenshaw answers consumer questions.

NEWS 4 November 3-The government is once again investigating reports of engine fires in some Ford SUV's.

NEWS 4 November 3-Liz Crenshaw answers consumer questions.

NEWS 4 November 3-Rumors of Black Friday bargains are popping up on websites that track shopping deals.

NEWS 4 November 6-Chefs in Japan are launching a new campaign to crack down on restaurants that bill themselves as authentic Japanese, but fall short of such culinary standards.

NEWS 4 November 6-could your kitchen pass the same inspection as restaurants go through? Liz Crenshaw is going to help you put your kitchen to the test.

NEWS 4 November 7-In consumer news, security lines at the airport will be longer this Holiday season; certified programs for used cars; a Holiday top 10 list and Thanksgiving dinners are cooking up at a lot more places than Grandma's house.

NEWS 4 November 8-It hasn't hit store shelves yet, but Playstation 3 is sure to be one of the hottest gifts this holiday season.

NEWS 4 November 9-Millions of bottles of store brand acetaminophen are being recalled because they could be contaminated with metal fragments.

NEWS 4 November 9-Merry Christmas is making a comeback, popular retail giants around the US including Wal-Mart say they are going to use that phrase this year.

NEWS 4 November 9-The Bean claims it's a revolutionary way to get you in shape faster than you ever thought possible, but Does It Really Do That?

NEWS 4 November 10-Facial recognition has been around for a while but it hasn't been very mobile, but a Frederick Maryland company is changing that.

NEWS 4 November 10-Liz Crenshaw answers consumer questions.

NEWS 4 November 10-The Virginia Farm Bureau Federation says families will be able to make a Thanksgiving meal for about 3-dollars and 86 cents per person.

NEWS 4 November 10-Wal-Mart announced it is cutting prices on about 50 home appliances.

NEWS 4 November 13-Sales of fully prepared Thanksgiving meals packed on dry ice and delivered to your door ready for reheating are on the rise but are they any good? Liz Crenshaw has put them to a tasty test.

NEWS 4 November 13-For the first time since March 2004 the cost of gasoline in DC has fallen below the national average.

NEWS 4 November 14-An increasing number of everyday folks are turning to professional helpers to get their busy lives under control.

NEWS 4 November 14-You will soon be able to power up your iPod when you fly the friendly skies.

NEWS 4 November 14-In consumer news the Government plans to boost energy efficiency requirements for nearly two dozen household appliances; Delta Airlines and the fare war has just started: when it comes to extended warranties Consumer Reports Magazine has a 3 word suggestion for you and do you ever wonder what the rich get that you don't at American Express.

NEWS 4 November 14-Time Magazine music critics have released a list of top on hundred greatest and most influential albums of all time.

NEWS 4 November 15-For video gamers the anticipation is growing, Sony's new Playstation Three goes on sale later this week.

NEWS 4 November 15-US Airways wants to buy Delta even though Delta says it's not interested in a merger.

NEWS 4 November 15-Residents who go green in Montgomery County are being rewarded for choosing clean energy.

NEWS 4 November 16-It's just a matter of hours until the much anticipated Playstation Three goes on sale.

NEWS 4 November 16-It's hard to keep up with all the passwords you need on the Internet and protecting them from identity thieves.

NEWS 4 November 16-Liz Crenshaw does a taste test on thanksgiving stuffing.

NEWS 4 November 17-In today's Digital Edge a cell phone for you active folks and a way to get all those business cards you've been collecting into your computer.

NEWS 4 November 17-Liz Crenshaw answers consumer questions.

NEWS 4 November 20-some homeowners who've had to put off additions because of zoning rules may soon be able to put plans back on the drawing board.

NEWS 4 November 20-As folks begin heading out of town for Thanksgiving they're finding a slight rise in prices at the gas pumps.

NEWS 4 November 20-How smart are you when it comes to counting calories? Liz Crenshaw has prepared a Liz Quiz to help you find out.

NEWS 4 November 21-The Public Interest research group has released its annual report warning parents about unsafe toys.

NEWS 4 November 21-The non-profit Insurance Institute for highway safety has just released its 2007 Top Safety Pick Award Winners.

NEWS 4 November 22-Retailers across the country are preparing for the post Thanksgiving shopping rush by hiring more workers.

NEWS 4 November 22-Gift cards are always popular gifts for the Holidays, but police say thieves have found a way too strip the cards of all value before your friends and family have a chance to use them.

NEWS 4 November 23-The USDA's turkey hotline becomes a lifeline on Thanksgiving Day.

NEWS 4 November 23-Economists say they expect sales to start very early tomorrow and continue strong throughout the Holiday season.

NEWS 4 November 23-If the Internet is where you like to do your shopping, especially for that hot holiday toy there's a warning for you.

NEWS 4 November 24-Researchers say online Holiday sales will grow 18-percent this year.

NEWS 4 November 24-Prince William County is looking at taking drastic measures to send Virginia a message about how sick it is of traffic congestion.

NEWS 4 November 27-Retail groups hope the online shopping surge will follow what's been a strong start to the Holiday shopping season for brick and mortar stores over the Thanksgiving weekend.

NEWS 4 November 27-The hype appears to be dying down over the new Playstation 3, Nintendo and Wii, the game consoles remain popular on Internet auction sites.

NEWS 4 November 27-In consumer news if you build a photobook does it matter who processes your project.

NEWS 4 November 28-Verizon made it over a big hurdle today winning approval to offer TV in Montgomery County.

NEWS 4 November 28-Liz Crenshaw puts the Sonic Blade to the test.

NEWS 4 November 30-The Regal Entertainment Group is providing some moviegoers with a new gadget that allows them to call in the ushers to remove disruptive audience members.

NEWS 4 November 30-A new all in one photo printer that is high-definition and some small portable GPS units that do more than help you navigate.

NEWS 4 November 30-In consumer news there's good news and bad news for gift card buyers this holiday season; trans fat in restaurant food; hotels have a plan to improve business and who controls the thermostat, he or she?

NEWS 4 December 1-Liz Crenshaw answers consumer questions.

NEWS 4 December 1-On Digital Edge a special picture frame with an email address and portable storage for your files get even smaller.

NEWS 4 December 4-Liz Crenshaw with a new batch of hot Holiday toys.

NEWS 4 December 5-The Prince William County Board of Supervisors heard testimony on a proposal to oppose a plan to build a high voltage power line through the County.

NEWS 4 December 5-There is a growing trend in the lodging industry to ask guest to reuse their sheets and towels for a few days to help the environment.

NEWS 4 December 5-Customers at one downtown Starbucks got an extra jolt today when they stopped by for their morning coffee.

NEWS 4 December 5-Liz Crenshaw with the final round of this years hot Holiday toys.

NEWS 4 December 6-Ecobuild Federal wants to show builders just how easy it is to make their structures more energy efficient.

NEWS 4 December 6-Spam has been on most people's back burner because of all the talk about identity theft and phishing scams, but spammers have been busy finding work-a-rounds to the way we ferret out spam.

NEWS 4 December 8-In consumer news there's a lot of talk about protecting personal information to prevent identity theft.

NEWS 4 December 8-Liz Crenshaw answers consumers questions.

NEWS 4 December 8-Many folks will be doing their toy shopping for the holidays over the Internet this year, but parents should be alert.

NEWS 4 December 11-Residents say the plan by Dominion Virginia Power will destroy some of the most scenic parts of Northern Virginia.

NEWS 4 December 11-Liz Crenshaw has holiday decorating tricks that she promises will surprise and amaze you.

NEWS 4 December 12-Consumers eyeing 2008 models will see more accurate gas mileage estimates on the stickers.

NEWS 4 December 12-Residents in the District could see their power bills go up if Pepco gets its way.

NEWS 4 December 12-Liz Crenshaw puts the Package Shark to the test in her Does It Really Do That segment.

NEWS 4 December 14-The subject of a year end report released by area Realtors today is what does the real estate market have in store for 2007 in the Metro Washington area?

NEWS 4 December 14-If you've got someone on your Holiday list that's just got to have the latest electronic gadget we've got some help.

NEWS 4 December 14-New regulations prohibit the melting of pennies or nickels and also put strict regulations on exporting those coins.

NEWS 4 December 15-Digital Edge has been around for about a decade trying to look at the cool new stuff as well as look ahead to what's around the corner for businesses and consumers.

NEWS 4 December 15-Liz Crenshaw answers consumer questions.

NEWS 4 December 18-Today is expected to be the busiest mailing day of the year and the lines are expected to be long the rest of the week at the Post Office.

NEWS 4 December 18-It's going to be a lot easier to access MySpace, folks will soon be able to log onto the popular social network through their cell phones.

NEWS 4 December 19-They are known as mini-cars, they are the smallest vehicles on the road and for the first time the Insurance institute for Highway Safety has conducted crash tests on these vehicles.

NEWS 4 December 19-If you've thought about going green in the New Year you can start right now by giving people green gifts.

NEWS 4 December 19-The Washington Suburban Sanitary Commission is going green in a big way.

NEWS 4 December 21-The Yenching Palace in Cleveland Park is closing its kitchen to make way for a new pharmacy.

NEWS 4 December 21-Online holiday spending has hit the 20 billion dollar mark.

NEWS 4 December 21-many retailers are getting restrictive with returns.

NEWS 4 December 21-The national average for a gallon of regular gas is now 2.32 a gallon, that's up eleven cents in the past seven weeks.

NEWS 4 December 22-With three days left until Christmas people are packing into stores to finish up their shopping.

NEWS 4 December 22-One popular site called Tom's Hardware guide can give you a lot of information about personal computers.

NEWS 4 December 26-Millions across the country are expected to hit the malls once again today.

NEWS 4 December 26-Retailers are trying to make up for the shortfall with some deep discounts.

NEWS 4 December 26-Some economists already are making their predictions for 2007 and it's a mixed bag.

NEWS 4 December 27-Figures released today show new home sales for November were up 3 and a half percent.

NEWS 4 December 27-Some of the things you need to do to get your financial house in order must be done by the close of business on Friday.

NEWS 4 December 28-With only one business day left in 2006 there are still some things you can do to save on your taxes this year.

NEWS 4 December 28-There may be some delays in getting your refund this year, Congress dragged its feet while trying to get some popular tax deductions reinstated.

NEWS 4 December 28-A decade after Dolly the cloned sheep made headlines the Food and Drug Administration makes a big announcement.

NEWS 4 December 28-The announcement from the FDA is welcome news for a Washington County farmer in danger of losing his farm.

NEWS 4 December 28-A chain restaurant is taking its motto eating good in the neighborhood to the next level.

NEWS 4 December 28-The government is hoping to put a dent in the County's obesity problem by teaching people how to read nutrition labels.

NEWS 4 December 28-2006 has been a year in which technology became more personal, more accessible and more interactive.

NEWS 4 December 29-Holiday shopping has left many of us in quite a bit of debt, but experts say how you pay off that debt could make a big difference in your financial future.

Environment

NEWS 4 October 4-lawmakers on Capitol Hill want to know what's causing some male fish in the Potomac River to acquire female characteristics.

NEWS 4 October 4-The city of Frederick Maryland has big plans to open a new Canal Park that runs through the heart of town.

NEWS 4 October 5-Hundreds of rats are taking over alleys and gutters around Glover Park, a dumpster outside a Starbucks there appears to be the source of the problem.

NEWS 4 October 10-A non-profit group in Silver Spring now enables you to offset your carbon emissions so your life on earth doesn't do any harm.

NEWS 4 October 13-With the cold weather coming many people will be turning on the heat for the first time.

NEWS 4 October 16-Today inspectors are out surveying the scene where a massive earthquake hit what's known as the Big Island early yesterday morning.

NEWS 4 October 23-It took a lot of patience and just as much effort to get the deer out of the Tidal Basin.

NEWS 4 October 23-This is the third straight year the state of Maryland has issued permits to hunters for bear hunting season, the bear hunt will take place in Allegany and Garrett Counties.

NEWS 4 October 24-College students are starting to go green, looking for careers in the green movement and more and more Universities and Colleges are now offering degrees in green business.

NEWS 4 October 27-On Monday two deer jumped into the water at the Tidal Basin when people approached them and then they refused to come out.

NEWS 4 October 27-It's getting colder and darker earlier and that means there will be more deer to deal with on the roads.

NEWS 4 November 3-Scientists fear the tide may be turning when it comes to seafood.

NEWS 4 November 7-If you visited the recent Green Festival in DC you got to see the whole wide world of green shopping.

NEWS 4 November 16-Some streams and creeks are overflowing their banks, some by as much as two feet.

NEWS 4 November 16-Before they arrived here the storms left a trail of destruction in North Carolina.

NEWS 4 November 17-All the rain yesterday caused quite a mess at a sewer pumping station in Prince George's County.

NEWS 4 November 21-There's a home in Clinton, Maryland that is buried under a mound of dirt on purpose, it's an underground home.

NEWS 4 November 28-The County Council unanimously approved legislation that would require builders to meet energy-saving standards for most large buildings.

NEWS 4 November 29-The District government has begun planting four thousand new trees around the city.

NEWS 4 December 8-Today's winter weather has us all layering on clothes to keep warm, but it hasn't stopped some people from getting out to actually enjoy the cold temperatures.

NEWS 4 December 22-The zoo's new African lions will make their debut this weekend.

NEWS 4 December 27-An environmental group says Maryland gets a failing grade when it comes to air quality.

Transportation

NEWS 4 October 2-Today Metro unveiled a new program intended to speed up your travel time, Smartrip users will now be able to use express lanes at some stations.

NEWS 4 October 3-Amtrak is making some upgrades to improve rail security at Union station.

NEWS 4 October 4-Fairfax County leaders are looking for ways to help ease traffic congestion when thousands of jobs move to Fort Belvoir in the next five years.

NEWS 4 October 4-Maryland transportation officials are mapping out their vision for a new I-270.

NEWS 4 October 5-Starting today residents in Northern Virginia have a new low cost option for air travel.

NEWS 4 October 10-Virginia Governor Tim Kaine says those legislators blocking state transportation projects are blocking the state's future success.

NEWS 4 October 12-Maryland motorist will soon have a new reason to slow down, speed cameras are coming to Montgomery County.

NEWS 4 October 13-Metro has scrapped a plan to remove shorter escalators from some subway stations.

NEWS 4 October 19-A plane went down at the Tipton Airport near Fort Meade about an hour ago, the Federal Aviation Administration says the single engine piper crashed during take off.

NEWS 4 October 19-Crews were scheduled to break ground early next year to begin construction to extend Metrorail to Dulles Airport, but transportation officials say the project likely will be delayed until late next year or 2008.

NEWS 4 October 24-The idea of hot lanes is moving forward to Virginia, the Department of Transportation signed an interim agreement with its private partner Fluor Enterprises and Trans-Urban.

NEWS 4 October 27-Crews in Prince George's County were out 4-30 this morning making sure their salt trucks and snowplows are ready when the first flakes fall.

NEWS 4 November 3-A new tool is now available for Metrorail riders to help them find out when the next train will arrive.

NEWS 4 November 6-Prince William County police say a weekend car accident that left four people dead is the deadliest crash it's seen since 1997.

NEWS 4 November 6-US and British researchers are working together to design a plane that would be quieter and more fuel efficient than anything in the air right now.

NEWS 4 November 7-The US Marine Corps has done something not even the White House could do, they shutdown Northern Virginia's HOV lanes on Friday.

NEWS 4 November 13-Some lawmakers are blasting a plan by the Virginia Department of Transportation to cut maintenance centers and eliminate dozens of jobs.

NEWS 4 November 13-With the holiday travel season fast approaching travelers are looking for shortcuts to help them save even just a few minutes.

NEWS 4 November 14-Police say a car lost control, rolled over, hit a curb and struck a pole at Darnestown Road and Great Seneca Highway in Gaithersburg.

NEWS 4 November 14-Friends and relatives are remembering the victim of another tragic accident in Montgomery County.

NEWS 4 November 16-Metro introduced the man who will lead the transportation system into the future.

NEWS 4 November 16-A power outage on the red line caused major backups and even forced some people to hike down the tracks.

NEWS 4 November 16-AAA Mid-Atlantic estimates that 1 in 8 Americans will travel 50 miles or more over the Thanksgiving Holiday.

NEWS 4 November 17-Amtrak service is still disrupted this evening following a train derailment on one of the busiest rail lines in the northeast.

NEWS 4 November 20-Some business leaders and residents still want an underground tunnel built through Tyson's Corner when Metrorail is extended to Dulles Airport.

NEWS 4 November 20-More than 700-thousand area residents will be heading out of town this week.

NEWS 4 November 20-Millions of Americans will be hitting the roads this Holiday season, but there are a few things you'll want to do.

NEWS 4 November 21-An accident on the GW Parkway 2 years ago could mean new rules for anyone driving a bus.

NEWS 4 November 21-More people are expected to travel this year for Thanksgiving and that means you can expect plenty of long lines and delays at Airports across the Country.

NEWS 4 November 22-At our local Airports it doesn't seem like travelers are having a hard time getting out despite today's weather.

NEWS 4 November 22-Getting around on the roads is proving to be a little more difficult especially for those headed south where heavy rains and winds are impacting the drive.

NEWS 4 November 27-About 200 homeowners along the proposed route for the Inter-County Connector may soon receive word that part of their property will soon be seized to make way for the new highway.

NEWS 4 November 27-Ground was broken today in Silver Spring for a new transit center.

NEWS 4 November 27-Virginia Governor Tim Kaine is focusing on gridlock problems.

NEWS 4 November 28-Howard County police say a drunk driver is to blame for an accident that killed two people on Thanksgiving.

NEWS 4 November 28-Governor Tim Kaine says Virginia needs to find new ways to fund its major transportation projects.

NEWS 4 November 29-Investigators say fog may have played a role in a deadly accident along the outer loop of the beltway this morning.

NEWS 4 November 30-The Virginia Department of Transportation is testing cameras in an effort to crackdown on those toll-evading scofflaws.

NEWS 4 December 1-The impact of those grounded flights in the Midwest is being felt by travelers in this area.

NEWS 4 December 1-Every person entering and leaving the US by air, sea or land is scored by the Homeland Security Departments Automated Targeting System.

NEWS December 4-Police in Montgomery County are investigating a three-car crash that killed two people in Silver Spring.

NEWS 4 December 5-Several Middle School students were injured after their school bus collided with a dump truck this morning.

NEWS 4 December 8-An accident last night on Rock Creek Parkway claimed two lives and tied up the roadway well into rush hour.

NEWS 4 December 8-In Montgomery County a woman died when police say a drunk driver slammed into her minivan last night.

NEWS 4 December 8-During this time of year 37 percent of US traffic deaths are alcohol related.

NEWS 4 December 11-The Metro Board is considering a fare hike.

NEWS 4 December 12-Lawmakers in Virginia have different ideas about how to find their transportation needs.

NEWS 4 December 13-A single car accident happened near the intersection of East Randolph Road and Bellington Road in Silver Spring.

NEWS 4 December 14-Fog caused some problems for people trying to fly in and out of the DC area.

NEWS 4 December 14-Metro Board Members met today to begin talking about a hefty and complex fair increase.

NEWS 4 December 15-A new two-lane ramp opened up in the Springfield Mixing Bowl.

NEWS 4 December 19-Planned construction of the InterCounty Connector is forcing a beloved Museum to find a new home.

NEWS 4 December 21-Some changes are ahead for the Dulles Toll Road and those changes could ultimately lead to higher fees.

NEWS 4 December 21-About nine million people across the country are expected to travel by plane.

NEWS 4 December 22-Some traffic lanes currently closed for construction will be open for Christmas and New Year's.

NEWS 4 December 28-A wreck on the Baltimore-Washington Parkway claimed the lives of two people this morning.

NEWS 4 December 29-Starting New Year's Eve Metro is lengthening the yellow line.

Health

NEWS 4 October 2-Researchers who studied obese patients say the same areas of the brain that cause addicts to crave drugs may also cause obese people to overeat.

NEWS 4 October 3-If you're concerned about companies adding carbon monoxide to meat you're not alone, three out of four Americans surveyed are concerned about the process.

NEWS 4 October 3-researchers used several different databases to try to estimate how many cases there are each year involving surgeries on the wrong body part or the wrong patient.

NEWS 4 October 4-The University of Virginia could be dealing with an outbreak of the mumps, it started with one case at the school in Charlottesville.

NEWS 4 October 4-The Centers for Disease Control and Prevention announced that one hundred million doses of the flu vaccine are expected to be available this season.

NEWS 4 October 4-Ragweed this fall has been brutal, but a new treatment could one day provide allergy suffers lasting relief.

NEWS 4 October 6-Soliders injured in Iraq are among the more than 20-thousand runners expected to take part in this weekends Army 10 miler.

NEWS 4 October 6-The snacks sold in schools across the country are about to get a lot healthier in hopes of curbing childhood obesity.

NEWS 4 October 9-In news for your health a drug that may help some women quit smoking without a lot of weight gain; if you had a stroke would you know it; a study in the Archives of Neurology finds the Mediterranean Diet may reduce the risk of Alzheimer's Disease and the American Academy of Pediatrics says children need more free time to go to the playground, play with blocks and dolls.

NEWS 4 October 10-A new French study is showing a link between body mass index and brainpower, researchers found that those with high BMI's including those in the obese category scored lower on memory and other mental tests.

NEWS 4 October 10-New research shows women feel more of a need to dress to impress when they are most fertile or when they are ovulating.

NEWS 4 October 16-There's a groundbreaking new study that researchers hope will help answer questions about one of the area's largest growing populations.

NEWS 4 October 17-More food for thought tonight on the debate over whether eating seafood has more benefits than risks.

NEWS 4 October 17-In news for your health they're supposed to make you better but some medicines are making people sick; a small outbreak of chickenpox at a Montgomery County Middle School is leading to an investigation from health officials in the county.

NEWS 4 October 18-A lot of people take DHEA to try and slow down or even reverse the aging process, but a report just released in the New England Journal of Medicine suggest it doesn't work.

NEWS 4 October 20-Our Lady of Lourdes School in Bethesda was closed today and officials say the closures will continue into next week, a noro-virus sent more than 50 students and 75 percent of staff home with violent symptoms yesterday.

NEWS 4 October 20-A project involving nurses at Inova Fairfax Hospital and a local video game company could play a vital role in treating some of the smallest and sickest patients.

NEWS 4 October 23-In news for your health some food for thought about memory problems; new information about breast cancer and race; the latest findings involving human embryonic stem cells and mixed news about children who get migraines.

NEWS 4 October 23-Howard University Hospital is blazing a new trail in the fight against HIV and AIDS.

NEWS 4 October 24-A mumps outbreak is growing at the University of Virginia, the school in Charlottesville is now reporting three confirmed cases of mumps.

NEWS 4 October 26-Researchers at the University of Illinois found drivers are burning nearly one billion more gallons of gasoline each year than they did in 1960 because of their expanding waistlines.

NEWS 4 October 27-A group of teenagers is traveling the country to deliver a powerful message about stopping the spread of AIDS, it's called Operation Get Tested.

NEWS 4 October 27-most people are familiar with the food pyramid that guides people's eating habits, now the government wants to develop similar guidelines for physical activity.

NEWS 4 October 30-Two runners suffered apparent heart attacks during yesterday's Marine Corps Marathon.

NEWS 4 October 30-That famous bucket of The Colonel's fried chicken will soon become a little more heart-healthy.

NEWS 4 November 3-In news for your health there's something new in knee replacement surgery.

NEWS 4 November 3-With baby boomers getting older, joint replacement surgery is becoming more and more common.

NEWS 4 November 6-Expanding waistlines may spell even more trouble for children.

NEWS 4 November 8-A student at Virginia Tech University has been diagnosed with a possible case of the measles.

NEWS 4 November 8-In news for your health, putting the breaks on diabetes.

NEWS 4 November 10-In news for your health there's a high tech new treatment for the millions of Americans who suffer from arthritis of the knee.

NEWS 4 November 10-You could have a sleep disorder and not even know it, but there's a new quiz on the Internet that could help you find out if you have one.

NEWS 4 November 10-The Centers For Disease Control is launching a new campaign to help people pinpoint the warning signs of autism and other disabilities.

NEWS 4 November 13-In news for your health a warning about how children may react to a flu medication and new evidence that diet plays a role in breast cancer.

NEWS 4 November 14-In news for your health there's more evidence that eating certain foods can play a major role in cancer prevention.

NEWS 4 November 14-A new study shows that what your grandmother ate may have an impact on your genes.

NEWS 4 November 15-Starting today women can get the so-called morning after pill without a prescription.

NEWS 4 November 15-New research finds that men who suffer from migraines are more likely to develop heart disease.

NEWS 4 November 16-a survey by Mental Health America found that finances, health and job issues are the top three stressors in our lives.

NEWS 4 November 17-Health officials in Maryland are working on a plan to require all state residents to buy health insurance.

NEWS 4 November 17-In news for your health an intriguing finding that involves an ingredient in red wine; a new treatment option for women with breast cancer; the Food and Drug Administration has just announced it will allow silicone-gel breast implants back on the market after a 14 year ban and new research shows older adults who aren't active can boost their physical well being by starting a simple exercise program.

NEWS 4 November 17-Relief from some of the most uncomfortable symptoms of PMS now comes in the form of a birth control pill.

NEWS 4 November 20-John's Hopkins Hospital is defying a law that prevents patients from trading kidney donors.

NEWS 4 November 21-A survey of the 13 busiest airports in the Country shows the quality of food is improving.

NEWS 4 November 22-In news for your health there's a new weapon in the war against wrinkles.

NEWS 4 November 24-According to the American Heart Association more people die from cardiac problems on Christmas Day than any other day of the year.

NEWS 4 November 24-According to a survey done by the National Headache Foundation 52-percent of people say they get more headaches during the Holiday's than any other time of the year.

NEWS 4 November 24-A physician at the University of Michigan Medical School has come with a list of fun and healthy gift ideas.

NEWS 4 November 27-In news for your health helping children out grow food allergies faster; a warning for women of child-bearing age; a warning about the club drug ecstasy and Scottish researchers found that people who sit up straight place unnecessary strain on their back which can lead to pain and possible deformities.

NEWS 4 November 28-A study from Princeton University found that when lab rats go without sleep for 72 hours levels of a stress hormone become highly elevated.

NEWS 4 November 29-In news for your health, hypnosis may help women facing a painful procedure; if you're getting a flu shot or another vaccine you may want to avoid some common over the counter medications; it seems a lot of people have a hard time understanding common instructions for how much medication to take and how often to take it and British researchers found low-impact aerobics exercise such

as walking and bike riding reduced fatigue among patients with multiple sclerosis, rheumatoid arthritis and lupus.

NEWS 4 November 30-Researchers from the UK say wines with higher levels of procyanidins are the most beneficial for your heart.

NEWS 4 November 30-Homemade chicken soup can be the perfect remedy during the winter cold and flu season.

NEWS 4 December 1-An innovative idea is helping people in the Washington area get fit physically and mentally.

NEWS 4 December 4-Mental illness is more common than you think, about 25 million American adults have some form of it.

NEWS 4 December 5-Researchers will continue to study cell phone use and are now looking at digital phones and other new technology to see if they present any health risk.

NEWS 4 December 5-researchers in Denmark collected data over a 32 year period and found first time mothers were at greater risk for post-partum depression and other problems including bipolar disorder.

NEWS 4 December 6-Psychologist are studying the phenomenon that is linked to heavy workloads, long hours and feeling of confinement.

NEWS 4 December 6-An alternative to hip replacement surgery could spell relief for younger patients.

NEWS 4 December 8-Eight states may be affected by the latest e-coli outbreak.

NEWS 4 December 8-When young kids lose their teeth they want to save them for the tooth fairy, but some parents are taking their children's teeth away and sending them off to a lab.

NEWS 4 December 8-A new survey from a leading Mental Health Group find people stress the most over money at this time of year.

NEWS 4 December 11-In news for your health a silent killer may not be so silent after all and simply cutting calories may not be the best way to lose weight.

NEWS 4 December 11-A new discovery could one day help in the fight against breast cancer.

NEWS 4 December 13-Dozens of Catholic University students are sick tonight and the health department are trying to figure out why.

NEWS 4 December 13-In news for your health a new choice in birth control and a new warning about anti-depressants.

NEWS 4 December 13-Vaccinating school children with the flu-mist nasal spray vaccine may help control the spread of flu.

NEWS 4 December 13-A new report challenges the notion that going cold turkey is the best way to quit smoking.

NEWS 4 December 13-A new study by the Consumer Reports shows high priced wrinkle creams don't work any better than the lower cost drugstore brands.

NEWS 4 December 13-There's a major surplus of flu vaccines this year, the reason there's so many only a handful of people have turned out to get one.

NEWS 4 December 14-It's believed as many as 300 thousand Americans have AVM, the same condition that caused Senator Johnson's illness.

NEWS 4 December 14-Five more students have come down with a mystery illness at Catholic University.

NEWS 4 December 14-The Department of health has notified the school that preliminary tests of sick students have come back positive for Norovirus.

NEWS 4 December 14-The rate of breast cancer cases in the US has dramatically dropped.

NEWS 4 December 15-Officials at Catholic University say the Nor virus is to blame for dozens of sick students.

NEWS 4 December 15-In news for your health what can you do to protect yourself from the germ infested air.

NEWS 4 December 15-A survey by the American Psychological Association finds nearly half of all US women experience greater stress during holiday time.

NEWS 4 December 18-It's a problem that drug companies are trying to fix, people stealing cold medicines to manufacture methamphetamine.

NEWS 4 December 18-some health experts are warning travelers against going barefoot at the airports.

NEWS 4 December 19-The Food and Drug Administration has recommended better warning labels for over the counter painkillers.

NEWS 4 December 21-Therapists at a Cleveland Clinic are using video games to distract patients from pain after knee surgery.

NEWS 4 December 22-In news for your health, some people suffer severe headaches during the holidays, but doctors say it's not stress that's causing the pain.

NEWS 4 December 26-In news for your health the number of strokes has declined in the past 50 years.

NEWS 4 December 26-Relieving stress and keeping your body in good shape some doctor's believe it's important to start those habits when you are very young.

NEWS 4 December 27-Pregnant women who take fish oil supplements may be helping their children.

NEWS 4 December 27-The government is set to announce meat and milk from cloned animals is safe to eat and drink.

NEWS 4 December 29-The rush is on in Montgomery County for kids to get their shots.

NEWS 4 December 29-Toasting with a glass of cheer is a holiday tradition but it's one that can also quickly get out of control.

NEWS 4 December 29-In news for your health, a life saving cancer vaccine, deadly produce and flip-flopping findings about fat.

Violence/Crime

NEWS 4 October 2-A shooting took place around noon today inside a one-room schoolhouse in the town of Nickel Mines Pennsylvania.

NEWS 4 October 2-Police say 32-year-old Charles Roberts apparently killed himself after opening fire on the girls as police tried to make contact with him inside an Amish Schoolhouse in Lancaster County, Pennsylvania.

NEWS 4 October 2-The man accused of stalking a 7-year-old girl at a Target Store will be brought back to Fredericksburg tomorrow to face charges.

NEWS 4 October 2-It was a very violent weekend across our area, 11 people were shot 4 of them fatally, and one of those shootings in the District was caught on one of dozens of new crime cameras the city has installed.

NEWS 4 October 3-Police say women in Prince George's County who stop to fill up their cars with gas are being targeted by robbers who have stolen purses from their cars when they left them to pay.

NEWS 4 October 3-Police are investigating the death of a West Virginia College student, Scott Harley of Springfield, Virginia was found face down in a shallow creek in Morgantown on Friday.

NEWS 4 October 3-Pennsylvania State Police are revealing more about a gunman who killed five young girls inside that Amish Schoolhouse yesterday before killing himself.

NEWS 4 October 3-Police found a man shot to death in the 19 hundred block of M street about an hour ago.

NEWS 4 October 5-Police are searching for a suspect in connection with a deadly shooting in southeast.

NEWS 4 October 5-an argument between two teenagers playing an online video game escalated into a stabbing, a 17-year-old boy is now under arrest.

NEWS 4 October 6-In the Winchester area of Frederick County Virginia police say that four people including a two-year-old child were found shot to death.

NEWS 4 October 6-A Prince George's County cop was apparently attacked after making what he thought would be a routine traffic stop this afternoon near William Wirt Middle School near 63rd Avenue and Tucker Street in Riverdale.

NEWS 4 October 6-3 girls reported seeing a naked man just yards away from McLean High School.

NEWS 4 October 9-On Sunday morning people in the King Farm neighborhood awoke to find about a dozen cars, several sidewalks and a street sign spray-painted with racist and homophobic slurs.

NEWS 4 October 9-Montgomery County police are investigating the death of a 23-month-old baby and his father whom apparently committed suicide.

NEWS 4 October 10-Michelle Gardner-Quinn of Arlington disappeared early Saturday morning after a night out at a bar near the University of Vermont Campus, tonight the FBI and Vermont national Guards are joining the search for the missing co-ed.

NEWS 4 October 10-During the past two weeks the country has experienced a rash of school violence, the series of horrific incidents began on September 27th in Bailey Colorado.

NEWS 4 October 10-In Prince George's County police are looking for a man who carjacked a woman and forced her to withdraw money from the ATM last night in the 76 hundred block of Fontainebleau Drive in Hyattsville.

NEWS 4 October 11-Police in Culpeper, Virginia have made an arrest in the scare that closed all the schools in the town last week. Town and state police executed a search warrant at the home of 25-year-old Mark Robinson.

NEWS 4 October 12-Police says man was killed while walking across Pennsylvania Avenue in Prince George's County, it happened just after six at the intersection of Pennsylvania Avenue and Walters Lane in Forestville.

NEWS 4 October 12-A 13-year-old girl says she was sexually assaulted while trying to do homework at a library.

NEWS 4 October 13-A local music professional is dead after a bizarre confrontation with a tow truck driver overnight in Largo, Maryland.

NEWS 4 October 13-After eluding police for months authorities now have Dwight Thornton in custody, he is suspected in a string of bank robberies in Virginia.

NEWS 4 October 16-Officials are investigating Brian Rooney in connection with the death of Michelle Gardner-Quinn, but today he was charged in another case of using ether like substance to knock out his sister in law so he could molest her.

NEWS 4 October 16-Two teens are charged tonight with the robberies of at least a dozen women in Prince George's County, the thefts began last month at gas stations in Landover and Oxon Hill.

NEWS 4 October 16-Police in Fairfax County are investigating two violent attacks in bailey's Crossroads, the attacks took place along Belleview Drive.

NEWS 4 October 16-A man from Mount Pleasant was shot to death today in Southeast Washington, it happened this morning in the 26 hundred block of Martin Luther King Avenue.

NEWS 4 October 17-Jose Villatoro was gunned down while trimming bushes outside a building in Southeast Washington, the suspect in the shooting is in court and his mother is giving new insight into his mindset.

NEWS 4 October 17-New developments in the murder of an up and coming music producer from Largo, Maryland, someone shot 36 year old Raymond Brown in Largo last Friday after a bizarre confrontation with a tow truck driver.

NEWS 4 October 17-A couple of burglars are on the loose in Montgomery County, they're breaking into homes in Rockville and Bethesda.

NEWS 4 October 17-fairfax County police have busted several stores in an undercover meth sting.

NEWS 4 October 18-The parents of a murdered Vermont College student returned home to Arlington today, meanwhile police in Vermont continue to look for key clues in the death of 21-year-old Michelle Gardner-Quinn.

NEWS 4 October 19-Seven people including two young children were held hostage for hours last night at a restaurant in the Chillum area.

NEWS 4 October 19-Police in Annapolis are trying to find the person who hit and killed a man with his car and then fled the scene.

NEWS 4 October 19-Federal authorities now say the threat that put the fear into football fans across the country was a hoax, the FBI interviewed a 20-year-old man who they believe played a role in putting the phony threat on the web.

NEWS 4 October 20-Police are searching for the man who tried to shove a 48-year-old woman into the trunk of his car as she waited at a bus stop.

NEWS 4 October 20-A Wisconsin grocery store clerk is accused of making the phony threat that had football fans on edge and is under arrest tonight.

NEWS 4 October 20-A driver may be facing charges after a deadly accident in Rockville this morning on I-270 near Muddy Branch Road.

NEWS 4 October 20-Prosecutors are expected to wrap up their case against a man accused of killing retired New York Times journalist David Rosenbaum.

NEWS 4 October 20-A burglar who likes to steal hi-tech items is on the loose in Loudoun County.

NEWS 4 October 23-Police are trying to find out who's responsible for a vandalism spree in Charles County, more than two-dozen residents in the Bryans Road area woke up to find the tires on their cars had been slashed.

NEWS 4 October 23-Police have increased patrols as they search for a group of teens suspected of throwing rocks at moving cars on the beltway this weekend.

NEWS 4 October 23-Police in the Commonwealth are trying to find out if two suspicious incidents involving a masked man and young girls are linked in the Hybla Valley area.

NEWS 4 October 23-Police in Anne Arundel County are looking into a stabbing as a possible hate crime early Sunday morning along Londontown Road in the Edgewater area.

NEWS 4 October 23-The case of the man accused of killing New York Times journalist David Rosenbaum is now in the hands of a jury.

NEWS 4 October 23-Federal prosecutors and lawyers for John Hinckley were back in court today to discuss Hinckley's overnight visits with his parents.

NEWS 4 October 24-A toddler was in the backseat of the family's SUV when it was carjacked outside a Camp Springs Maryland store last night.

NEWS 4 October 24-A former local church leader who had the trust of two congregations has been found guilty of sexually abusing a teenage girl, 33-year-old Richard Bates was a Deacon at the St. John's Baptist Church in Alexandria and Upper Marlboro.

NEWS 4 October 24-Jurors have decided the fate of a man charged with murdering a New York Times journalist.

NEWS 4 October 24-The prime suspect in the kidnapping and death of a Vermont College student from Arlington will stay behind bars for now.

NEWS 4 October 24-Virginia State police are asking for the public's help to find a hit and run driver that killed a man in Prince William County back in August.

NEWS 4 October 26-A not guilty plea today from the man accused of killing a college student from Arlington.

NEWS 4 October 26-Doug Jemal, his son Norman and business associate Blake Escherich were accused of trying to bribe a DC Official in exchange for government contracts, a jury cleared them of bribery and conspiracy charges.

NEWS 4 October 26-Eastern High School's new principal was hired this fall to turn around the troubled school in the District, but today he is facing other troubles for duking it out with two students.

NEWS 4 October 26-Police in Fairfax County say another woman was assaulted while walking in a neighborhood not far from the Vienna Metro Station.

NEWS 4 November 2-Two more girls have come forth to file complaints against Michael T. Smith, he's the Tuscarora High School junior who's already facing some serious charges.

NEWS 4 November 2-Officials at a Jewish Academy in Rockville are asking for help tonight in finding out who's responsible for vandalizing their property.

NEWS 4 November 2-Two bank robberies in Arlington County nets one suspect, but one more is still on the loose.

NEWS 4 November 2-For a second time this year, a US Naval Academy football player is facing charges.

NEWS 4 November 2-Police in Loudoun County are trying to locate a pregnant teen who's been missing for four days.

NEWS 4 November 2-A Southern Virginia Sheriff and some of his deputies are accused tonight of being part of a drug dealing ring.

NEWS 4 November 3-Maryland State Police are warning people to be on alert for someone who might be trying to pass himself off as a Trooper.

NEWS 4 November 3-Police in Howard County are investigating three recent robberies that may be connected to 20 others in the region.

NEWS 4 November 3-A stabbing happened at Lakeforest Mall in Gaithersburg, police say the suspect got into a fight with a co-worker at the JC Penny store and stabbed the woman several times. She later died.

NEWS 4 November 6-They had come to worship, but instead got quite a scare when two armed men burst in and held up the service, it happened yesterday at the Union Wesley Zion Church along Michigan Avenue in Northeast.

NEWS 4 November 6-There's new information tonight about the early morning home invasion that ended with a suspect being shot and killed by police.

NEWS 4 November 6-Investigators say a fire that sent three people to the hospital in Adams Morgan last night was deliberately set.

NEWS 4 November 8-There appears to be a serial rapist on the loose, that's the word today from police in Prince George's County after a fourth reported abduction and rape.

NEWS 4 November 8-Lee Boyd Malvo was sentenced to life in prison today for the six Maryland murders in the 2002 shooting spree.

NEWS 4 November 9-Police say two carjackers are stuffing their victims in the trunks of cars and driving away with them.

NEWS 4 November 10-A man was killed last night outside his home in the 98 hundred block of Dorval Avenue in Clinton, Maryland.

NEWS 4 November 10-The man accused of killing a College student from Arlington wants the murder charges against him dropped.

NEWS 4 November 10-Police in Prince George's County are trying to figure out who would shoot a pair of chest partners.

NEWS 4 November 10-Police in New York are looking for the vandal who chopped off the head of a statue of George Washington.

NEWS 4 November 10-The crime has a 16-year-old student at Gaithersburg High facing arson charges tonight, he is accused of setting several cars owned by the schools auto tech program on fire.

NEWS 4 November 10-Police are looking for the thieves who dug up a prized maple tree in Arlington and took off with it.

NEWS 4 November 13-A second person has now died from that accident where a car crashed into a rowhouse in the six hundred block of Florida Avenue.

NEWS 4 November 13-The search for a motive continues in the murder of Renia Natasha Lynch, she was gunned down while on the job at a FedEx facility in Beltsville.

NEWS 4 November 13-Police in Loudoun County need your help in finding the suspects in a double shooting.

NEWS 4 November 13-It started as a fight between two groups of teenagers and it spilled onto a Metro bus and ended in a mess.

NEWS 4 November 14-Montgomery County police have arrested two 16-year-old boys they say robbed several homes within the last month.

NEWS 4 November 14-Two gunmen more than a dozen shots and four victims, bullets began flying this morning in the District near 19th and M Street Northeast around 11 o'clock and police are trying to find out why.

NEWS 4 November 15-Police have a suspect and a motive in the shooting death of Renia Natasha Lynch.

NEWS 4 November 15-DC police need your help to locate a one-year-old boy who's been missing since Sunday.

NEWS 4 November 16-A teenager in Montgomery County who worked as a janitor at a Gaithersburg elementary School is charged with sexually assaulting a 13-year-old girl from Montgomery Village.

NEWS 4 November 16-Police in Prince George's County have made an arrest in the murder of a Vietnam War Veteran.

NEWS 4 November 16-Police in Fairfax County say a serial bank bandit they've been trying to catch for nearly a year has struck again.

NEWS 4 November 17-For the first time today the widow of a music producer who was killed by someone trying to steal his car is speaking out.

NEW 4 November 17-The battle for the new Playstation 3 is getting out of control in many places.

NEWS 4 November 17-Family and friends gathered in Arlington this morning to plant trees in memory of a college student killed earlier this year.

NEWS 4 November 17-The Internet can be a dangerous place for teenagers, one in seven teens is approached online by a sexual predator and a new campaign is launching to be sure they'll know how to fight back.

NEWS 4 November 20-In Arlington a school security guard is facing charges for having a sexual affair with a 16-year-old girl.

NEWS 4 November 20-Police in Herndon are trying to track down the driver in a hit and run accident that killed a 53-year-old man.

NEWS 4 November 20-Opening statements were presented today in the trial of a young teen charged with robbing a Smoothie King in Bethesda last March.

NEWS 4 November 20-The family of a New York Times journalist murdered last year has filed a 20-million dollar wrongful death lawsuit.

NEWS 4 November 21-A 74-year-old woman was found dead today at a home in the 7100 block of Reservoir Road.

NEWS 4 November 21-A family makes an appeal for help today as police continue a search for the motorist who ran over and killed a man walking his dog at the corner of Herndon Parkway and Ferndale Avenue.

NEWS 4 November 21-Police in Montgomery County are investigating after a woman trying to do a good thing for a soldier injured in Iraq was stalked and robbed.

NEWS 4 November 21-a suspect is in custody tonight, but could be back home soon.

NEWS 4 November 22-A warning tonight from police as they investigate the murders of two elderly women in Northern Virginia.

NEWS 4 November 22-A verdict has been reached in the trial of a Walt Whitman High School athlete accused of helping to plan an armed robbery.

NEWS 4 November 22-DC police are trying to make sure city residents don't fall victim to Thanksgiving theft.

NEWS 4 November 22-Another attack happened last night on Savannah Terrace SE just before midnight, it's the 5th similar case in Prince George's County and the District in recent weeks.

NEWS 4 November 22-Montgomery County police are investigating a possible sexual assault that took place inside a psychiatric hospital.

NEWS 4 November 22-Fairfax County police are on the lookout for a murderer.

NEWS 4 November 23-Over the past two months there have been five cases, the attacker takes his victims from locations in the District and Prince George's County then rapes them.

NEWS 4 November 23-Police have arrested Paul David Jackson in connection with the five rapes that have taken place in Prince George's County and the District.

NEWS 4 November 23-Paul Jackson appeared in court in the District today.

NEWS 4 November 23-Police say she has been going around our area wearing different wigs and using fake ID's to swindle banks out of money.

NEWS 4 November 24-Early this afternoon a former worker with the Miami Herald's Spanish language newspaper reportedly burst into the building with a machine gun.

NEWS 4 November 24-British Government Officials say they have found a radioactive element in the body of a former Russian spy.

NEWS 4 November 24-Fairfax County police say they'll be canvassing two Springfield neighborhoods this weekend.

NEWS 4 November 24-Four Montgomery County teens were arrested in connection with an aggravated assault in Germantown.

NEWS 4 November 27-A special education teacher found murdered in her home this weekend is being remembered by her students today.

NEWS 4 November 27-The family of a murdered nine-year-old Frederick boy has settled a wrongful death suit with the state of Maryland.

NEWS 4 November 27-The search in Fairfax County for clues in the murders of two elderly women continues.

NEWS 4 November 28-Police are asking for help to track down the people responsible for a shooting that happened in the 2600 block of Enterprise Place in Waldorf, Maryland.

NEWS 4 November 28-Police are looking for the armed gunman who opened fire on a innocent bystander in a small grocery store in Arlington in the 3200 block of Columbia Pike.

NEWS 4 November 29-Police say a woman was locking up after cleaning the Old Line Bank when she was forced back inside by three men and raped in the 15 thousand 800 block of Livingston Road in Accokeek.

NEWS 4 November 29-Police are investigating two sex offense reports in Howard County yesterday.

NEWS 4 November 29-They were called the Whitman 5, a group of friends who were athletes at Walt Whitman High School are charged in connection with robbing a Bethesda business at gunpoint.

NEWS 4 November 29-DC police are looking for a guy who may be responsible for as many as four sexual assaults this week.

NEWS 4 December 4-Dc police are investigating four armed robberies at businesses throughout the city this morning.

NEWS 4 December 5-Police are looking for a guy posing as a federal agent who sexually assaulted a woman in Manassas.

NEWS 4 December 5-Police are still looking for several guys who robbed four different stores in the District yesterday.

NEWS 4 December 5-Two correctional officers who work at the DC jail filed a lawsuit today, they claim that other officers have harassed them because they are gay.

NEWS 4 December 6-Investigators now say the same person may be responsible for the deaths of both women, the victims were in their 70's and killed in their homes.

NEWS 4 December 6-Police in Prince George's County are investigating a early morning shooting in the 24 hundred block of Brooks Drive in Suitland.

NEWS 4 December 8-A man has stabbed himself in front of the Longworth House Office Building on Capitol Hill.

NEWS 4 December 8-Police say a man has struck five times in the last five months and even though he is committing a crime each time he's been very polite.

NEWS 4 December 11-A fight between two relatives at a Fairfax County home turned deadly this morning.

NEWS 4 December 11-Three people are under arrest after leading police on a high-speed chase on the BW Parkway.

NEWS 4 December 11-The search is underway for a group of vandals who did thousands of dollars in damage to a local school.

NEWS 4 December 12-Police made the gut-wrenching discovery after being called to a home in the 13 thousand 700 block of Engleman Drive in Laurel.

NEWS 4 December 12-A 16-year-old says a man raped her while she was on her way home from school as she was walking along a bike path on Bannister Circle in Waldorf yesterday afternoon.

NEWS 4 December 12-Police in Prince William County are on the lookout for a gang of teens robbing people by spraying them with pepper spray.

NEWS 4 December 12-A Maryland State Trooper is fighting for his life after being wounded in an exchange of gunfire this morning in Baltimore County.

NEWS 4 December 12-Witnesses heard the gunshots on Nicole Lane just after midnight, a short time later police found the body of the city's second murder victim this year.

NEWS 4 December 13-The bodies of two people were found yesterday shot inside a home in Laurel, Maryland.

NEWS 4 December 13-A bank robbery suspect in Fairfax County is dead tonight after being shot by police.

NEWS 4 December 13-A quick-strike string of bank robberies is under investigation in Montgomery County today.

NEWS 4 December 13-a woman says a man grabbed her from behind and put her in a bear hug before running off.

NEWS 4 December 14-Outside of a Bank of America in the 14-thousand block of Layhill Road there was a shootout.

NEWS 4 December 14-A man with a violent past who was linked to the scene of that double murder case in Laurel, Maryland.

NEWS 4 December 14-police in Stafford County, Virginia are looking into a teenage girls claim that her mother has been hosting sex parties in their house.

NEWS 4 December 15-A star athlete faced sentencing today for his role in as armed robbery in Bethesda.

NEWS 4 December 15-Police returned to the scene today of that botched armored car holdup in Montgomery County.

NEWS 4 December 18-A shooting happened at 12th and U streets northwest and police have a suspect in custody.

NEWS 4 December 18-Police say the owner of a Fairfax County travel agency took money from clients and kept it for herself.

NEWS 4 December 19-police in Montgomery County have released a sketch of a man suspected of assaulting a jogger in Bethesda last week.

NEWS 4 December 19-Richard Hill of Manassas is charged with luring an underage teenage girl across state lines for sex.

NEWS 4 December 21-DC police say a 16-year-old boy has been shot in the arm at a rec center playground.

NEWS 4 December 21-Police say gang members spray-painted graffiti in parks in Silver Spring and Takoma Park.

NEWS 4 December 21-The husband of a DC police officer is facing charges after he allegedly fired his wife's gun from a Fairfax County hotel room.

NEWS 4 December 21-Police in Montgomery County are asking for help to find a man they say tried to rape a girl on her way to school this morning.

NEWS 4 December 21-Alexandria police are searching for a predator, they believe the man approached four high school students today and showed them pornography on a laptop computer.

NEWS 4 December 21-There's been a slew of violent muggings in the Hybla Valley area and police think a large group of teenagers is responsible.

NEWS 4 December 22-Police in Prince George's County say a body was dumped on the inner loop of the beltway near Indian Head Highway in Oxon Hill.

NEWS 4 December 22-The rape charges against Dave Evan, Collin Finnerty and Reade Seligmann have been dropped.

NEWS 4 December 26-An attack on a 62-year-old woman in her Fairfax County home has the attention of police.

NEWS 4 December 27-Police are investigating five separate shooting that happened overnight in the District.

NEWS 4 December 27-A Metro bus driver is accused of having sex with a 15year old girl on board his bus.

NEWS 4 December 27-Police have charged a suspect in connection with a stabbing at the Springfield Mall.

NEWS 4 December 28-Police in Howard County are investigating an attempted car jacking at the Columbia Mall.

NEWS 4 December 28-Charles County police are asking for the public's help to find two suspects wanted in a home invasion.

NEWS 4 December 28-A 19-year-old is in lockup after trying to pass himself off as a police officer.

NEWS 4 December 29-Police say a group of four or five men opened fire on four people in another car in the 3200 block of Westdale Court in Waldorf, Maryland.

NEWS 4 December 29-Police are asking for help in finding two drivers involved in a deadly hit and run accident in Prince George's County.

NEWS 4 December 29-A suspect in a home invasion in Prince George's County got a surprise.

NEWS 4 December 29-Three prison guards are recovering after being stabbed by an inmate at the Jessup Correctional Institution this morning.

Politics

NEWS 4 October 2-Some former pages say they never saw it coming and top Republicans say they were unaware about the Internet messages until they emerged in the media.

NEWS 4 October 2-Tonight George Allen will use an unusual strategy to try to stop his slide in the polls.

NEWS 4 October 2-The Bush Administration is reacting to a new book which criticizes the President and how his Administration handled the War in Iraq.

NEWS 4 October 3-As the controversy swirls around the Mark Foley investigation the year-round Congressional Page Program continues on Capitol Hill.

NEWS 4 October 3-There are five weeks until Election Day and the polls are showing a dead heat, Virginia's Senate candidates are increasing the intensity of the campaign.

NEWS 4 October 3-Maryland candidates for US Senate are squaring off for the first time tonight, they'll meet in Baltimore for the first time in two debates.

NEWS 4 October 3-State officials and Diebold the company that makes the electronic voting machines are staging a dry run at BWI Marriott Hotel.

NEWS 4 October 4-With the mid term election 5 weeks away, the question is being widely asked whether the fallout from the Foley scandal will hurt the Republican Party.

NEWS 4 October 4-The battle over a marriage amendment in Virginia is heating up if it passes the state's Bill of Rights will spell out that marriage is a union strictly between a man and a woman.

NEWS 4 October 4-Prince George's County will soon be home to a major golf tournament, today County Executive Jack Johnson made the big announcement at the Country Club of Woodmore.

NEWS 4 October 5-Speaker of the House Dennis Hastert says he has no plans to resign his post amidst questions about what was known and when in the sex scandal involving former Florida Congressman Mark Foley.

NEWS 4 October 5-Hastert has come under fire with the rest of the Congressional House Leadership; critics claim they did not divulge information about the scandal as soon as they found out.

NEWS 4 October 5-Governor Ehrlich is weighing in on the fallout from the scandal surrounding former Congressman Mark Foley's alleged inappropriate contact with pages.

NEWS 4 October 6-President Bush is facing some tough criticism on the War in Iraq and it's coming from a member of his own party.

NEWS 4 October 9-North Korea's new agency says the underground experiment was their first nuclear test ever.

NEWS 4 October 9-All five permanent members of the Council including China have condemned the supposed test, an emergency meeting was held at the UN today.

NEWS 4 October 9-Senator George Allen is in a tough re-election fight is once again on the defensive, this time about some of his financial dealings.

NEWS 4 October 9-North Korea says it tested its first nuclear device last night, the news infuriated World Leaders who've been trying to persuade the communist nation to abandon its nuclear program.

NEWS 4 October 9-Annandale's unofficial Korea town hosts the third largest population of Korean-Americans in the country.

NEWS 4 October 10-Virginia's Senate Candidates clashed in their final debate last night, a debate that set the course for the final months of this tight campaign.

NEWS 4 October 10-Montgomery County Executive Doug Duncan is urging voters to cast absentee ballots in next month's election.

NEWS 4 October 12-Former Virginia Governor Mark Warner announced this morning he will not seek the Democratic nomination for President in 2008.

NEWS 4 October 12-The scandal involving former Congressman Mark Foley and the emails he sent to pages is now the focus of a House Ethics Investigation.

NEWS 4 October 12-Pakistan President Pervez Musharraf is denying his country had anything to do with the alleged test, a disgraced atomic scientist from Pakistan is being blamed for helping North Korea develop the experiment.

NEWS 4 October 13-IF members of Congress get their way taxis could soon have meters.

NEWS 4 October 16-Earlier today the FBI raided the homes of Pennsylvania Congressman Curt Weldon's daughter and her business partner.

NEWS 4 October 16-Jim Webb and George Allen are turning to some of Virginia's most popular politicians today to give their campaigns a boost.

NEWS 4 October 17-The Board of Elections in Prince George's and Montgomery Counties are putting out a call for more election judges to work at the polls on November 7th.

NEWS 4 October 17-A bill authorizing tough interrogation of terror suspects became law with a signature by President Bush today.

NEWS 4 October 17-Testimony resumed today in the Military hearing of a Virginia man charged in the Abu Ghraib prison scandal.

NEWS 4 October 17-Sources tell the Associated Press that the Justice Department is investigating a camping trip the Arizona Republican Jim Kolbe took with two former pages ten years ago.

NEWS 4 October 18-The DC Council passed new crime emergency legislation, keeping the heightened crime watch in effect for another 90 days.

NEWS 4 October 18-Democratic challenger Jim Webb picked up a major endorsement today from the Washington Post newspaper.

NEWS 4 October 18-House Democrat Steny Hoyer is apologizing for some remarks he made that Republicans say have a racist overtone.

NEWS 4 October 19-October may become the deadliest month for coalition forces in nearly two years, meanwhile the Bush Administration is maintaining its stance on troop numbers in Iraq.

NEWS 4 October 20-More questions are being raised about the reliability of those electronic voting machines in Maryland.

NEWS 4 October 20-Catholic leaders in the US and in Malta are now investigating a priest who admits he fondled former Congressman Mark Foley when he was a teen.

NEWS 4 October 23-American casualties in Iraq are mounting, at least 86 troops have been killed this month, that's the deadliest toll in nearly two years.

NEWS 4 October 23-With just two weeks until the election, voters are voicing complaints about the negative ads they are seeing on TV.

NEWS 4 October 24-House speaker Dennis Hastert is answering questions today from members of the House Ethics Committee.

NEWS 4 October 24-The mid term elections is just two weeks away and new political ads are popping up on the airwaves including a message from actor Michael J. Fox who's endorsing Maryland Senate candidate Ben Cardin.

NEWS 4 October 24-In Virginia Governor Tim Kaine will sign on to list of attorney's opposing a constitutional amendment blocking same sex marriage in the Commonwealth.

NEWS 4 October 26-Maryland Governor Robert Ehrlich was in Montgomery County today to announce a new initiative that will help law enforcement agencies better monitor sex offenders.

NEWS 4 October 26-A new fence along the border between the US and Mexico is now one step closer to reality, this morning President Bush signed the Secure Fence Act into law.

NEWS 4 October 26-With the mid-term elections just 12 days away most of the spotlight has been on the area's high profile US Senate races.

NEWS 4 October 26-Today Governor Tim Kaine signed an Executive Order prohibiting smoking in state government offices and state vehicles.

NEWS 4 October 26-Investigators say an attack happened at Tuscarora High School in Frederick last Tuesday.

NEWS 4 October 26-The woman who was shot to death while sitting at a red light in a Alexandria neighborhood Wednesday night in the Del Ray section, police say the victim appeared to have been targeted.

NEWS 4 October 26-Police are investigating two incidents of women being abducted from the District and sexually assaulted.

NEWS 4 October 26-Police in Harford County Maryland say the popular website My space helped lead them to two rape suspects.

NEWS 4 October 26-Police in Arizona are looking into whether one of the Washington-area snipers is connected to a killing in Tucson.

NEWS 4 October 27-With less than two weeks until Election Day, Democratic Congressman Ben Cardin continues to hold a moderate lead over Republican Lieutenant Governor Michael Steele in Maryland's Senate race.

NEWS 4 October 27-In the race for Virginia Senate Republican George Allen's campaign is trying to draw attention to some racy writings by his challenger.

NEWS 4 October 27-In Virginia the State Board of Elections wants to make sure there's no confusion at the polls next month.

NEWS 4 October 27-A Prince William County police officer was in court today accused of propositioning a woman after a routine traffic stop.

NEWS 4 October 27-An Iraq war veteran gunned down in an ordinarily quiet Northern Virginia area, now the family of Paul Matthew Zeller is stepping up efforts to find his killer.

NEWS 4 October 30-As Defense Secretary Donald Rumsfeld faces growing criticism over the Iraq war the Pentagon is stepping up its public relations campaign.

NEWS 4 October 30-Republican Governor Robert Ehrlich says he plans to vote by absentee ballot.

NEWS 4 November 7-The Board of Elections Office received several reports of phone calls that were aimed at misleading voters into staying home today or leading them to the wrong polling place.

NEWS 4 November 7-Democrats in Prince George's County are denouncing a flyer sent out by the campaigns of Governor Bob Ehrlich and Lieutenant Governor Michael Steele.

NEWS 4 November 7-It could be a long night for candidates Michael Steele and Ben Cardin as they wait for the results.

NEWS 4 November 7-For voters in Maryland there have been far fewer reported problems than that of Primary Day.

NEWS 4 November 7-Republican incumbent Bob Ehrlich is currently tied with the Democratic candidate Baltimore Mayor Martin O' Malley.

NEWS 4 November 7-Comprehensive coverage of Decision 2006 will be tracking key national races throughout the day and night.

NEWS 4 November 7-The Virginia and Maryland Senate races are among those that could determine which party will win control of the Senate.

NEWS 4 November 7-It's been a frustrating day for some voters in Montgomery County, long lines and other voting glitches have marked this election day.

NEWS 4 November 8-One day after the election President Bush announces that Defense Secretary Donald Rumsfeld is going to quit.

NEWS 4 November 8-President Bush said the Nation is committed to bringing enemies to justice amid the change in leadership.

NEWS 4 November 8-Ben Cardin has been in politics 40 years so it may seem strange to call him junior senator from Maryland.

NEWS 4 November 8-The US Supreme Court is taking up another abortion case today.

NEWS 4 November 8-Voters chose former Democratic Party chairman Ike Leggett as their first new County Executive in 12 years.

NEWS 4 November 8-Baltimore Mayor Martin O'Malley defeated incumbent Governor Robert Ehrlich 52 to 46.

NEWS 4 November 9-Nancy Pelosi is in line to become the first woman Speaker of the House, she is a Baltimore native.

NEWS 4 November 15-For the third month in a row the Culpeper town Council has decided not to get involved in the battle over illegal immigration.

NEWS 4 November 15-The Queen of England is coming Stateside and the royal visit will take place in our area.

NEWS 4 November 16-History has been made by Maryland Representative Steny Hoyer.

NEWS 4 November 28-President Bush is urging Nato allies to continue to support the fight against the Taliban in Afghanistan and Iraq.

NEWS 4 November 29-President Bush has arrived in Amman, Jordan but he won't meet with the Prime Minister until tomorrow.

NEWS 4 November 29-Al-Qaida in Iraq has denounced Pope Benedict's visit to Turkey calling it part of an anti-Islam campaign.

NEWS 4 November 29-No charges will be filed in last month's scuffle at a Virginia campaign event for Senator George Allen.

NEWS 4 November 29-A plan to name the new Montgomery County Library after outgoing County Executive Doug Duncan has stalled.

NEWS 4 November 30-There is more controversy over some misleading flyers that were handed out in the Bob Ehrlich and Michael Steele campaigns.

NEWS 4 December 4-A big inauguration for the new County Executive and County Council was held today at the Strathmore Music Center.

NEWS 4 December 5-A deadly accident on Thanksgiving night is sparking new debate about immigration policy in Maryland.

NEWS 4 December 6-The 10 member Commission chaired by former Congressman Lee Hamilton and former Secretary of State James Baker provided a bleak assessment of the current situation in Iraq.

NEWS 4 December 6-For wounded soldiers recovering at Walter Reed Army Medical Center, the Iraq Study Group's findings were being closely monitored.

NEWS 4 December 8-DC Mayor elect Adrian Fenty is back in New York City today looking again at that city's school system.

NEWS 4 December 11-Congress passed a 3.2 billion dollar Veterans Bill this weekend that has a very unique provision in it.

NEWS 4 December 11-President Bush visited the State Department this morning to seek advice on the war in Iraq.

NEWS 4 December 11-Officials in Prince William County are meeting today to decide the fate of a landfill in Dumfries.

NEWS 4 December 12-A proposal being floated by Montgomery County Executive Ike Leggett says an increase to Maryland's current 23 and a half-cent tax is needed to pay for transportation initiatives.

NEWS 4 December 12-Congress is demanding answers in those deadly anthrax attacks.

NEWS 4 December 13-Mayor Anthony Williams announced yesterday that the District will construct it's own forensics lab near L'Enfant Plaza.

NEWS 4 December 14-Outgoing Maryland Governor Robert Ehrlich is still trying to figure out what to do once he leaves office.

NEWS 4 December 15-Today Governor Tim Kaine laid out his plan calling transportation the top priority.

NEWS 4 December 18-Adrian Fenty will be sworn in as the new mayor of Washington two weeks from today.

NEWS 4 December 19-DC Mayor Anthony Williams and other city leaders were on hand for today's ground breaking for a new building.

NEWS 4 December 21-Virginia Republican Congressman Virgil Goode is coming under fire tonight for a letter he wrote to hundreds of constituents about immigration and Muslims.

NEWS 4 December 22-A Republican lawmaker in Virginia has decided he'll back a tax increase.

NEWS 4 December 27-Ford's time in Washington including his brief Presidency was an example of a more genteel era of natural politics.

NEWS 4 December 27-Virginia House Republicans are proposing legislation that would more directly tie land use decisions to transportation funding.

NEWS 4 December 28-Illegal immigration may not be on the top issue facing next year's General Assembly.

NEWS 4 December 28-In Somalia pro-government troops took control of an important southern town from Islamist fighters.

NEWS 4 December 29-US and Iraqi officials may be meeting now in Baghdad to decide the time to execute Saddam Hussein.

NEWS 4 December 29-Scores of Iraqi-Americans in the metro area are closely following the impending execution of Saddam Hussein.

4TH QUARTER 2006 PSA REPORT

PSA

| | <u>RUN DATES</u> | <u># OF SPOTS</u> | <u>LENGTH</u> |
|--|------------------|-------------------|---------------|
| US DEPT. OF HEALTH & HUMAN SERVICES/ADOPT US KIDS | 11/11-12/30/2006 | 8 | :30 |
| WHITMAN WALKER CLINIC/AIDS WALK | 10/1-10/5 | 26 | :30, :15 |
| AMERICAN LEGACY FOUNDATION | 11/11/2006 | 1 | :30 |
| AUTISM SPEAKS FOUNDATION | 11/11-12/30/2006 | 9 | :30, :15 |
| BIG BROTHERS/BIG SISTERS | 12/2/006 | 1 | :30 |
| FRIENDS OF THE NATIONAL ZOO/BOO AT THE ZOO | 10/1-10/9/2006 | 27 | :15 |
| CAPITOL CHAPTER OF THE JUVENILE DIABETES RESEARCH FOUNDATION/DIABETES WALK | 10/1-11/3/2006 | 118 | :30, :15 |
| FOOD FOR FAMILIES/MOVIN' OUT | 11/11-11/19/2006 | 22 | :15 |
| FREDDIE MAC FOUNDATION/ADOPTION EXPO | 11/15-12/2/2006 | 73 | :30, :15 |
| FANNIE MAE FOUNDATION/HELP THE HOMELESS WALK | 10/22-11/16/2006 | 101 | :30, :15 |
| FOOD 4 FAMILIES | 11/6/11/19/2006 | 93 | :30 |
| FOOD 4 FAMILIES/GEORGETOWN NURSES | 11/10-11/17/2006 | 37 | :30 |
| THE LEUKEMIA & LYMPHOMA SOCIETY | 12/26/2006 | 1 | :10 |
| LIBRARY OF CONGRESS/LITERACY CAMPAIGN | 11/4-12/30/2006 | 11 | :30 |
| MARCH OF DIMES | 10/7-12/23/2006 | 7 | :60 |
| NATIONAL ARBOR DAY FOUNDATION | 10/1-12/31/2006 | 50 | :10 |
| CAPITOL AREA NATIONAL KIDNEY FOUNDATION | 10/1-12/31/2006 | 21 | :60 |
| PREVENT BLINDNESS AMERICA/MACULAR DEGENERATION | 11/25-12/31/2006 | 4 | :60 |
| THE QUILLS LITERACY FOUNDATION | 10/28/2006 | 1 | :30 |
| SALVATION ARMY TOYLAND/TOY DRIVE/MERCANTILE BANK/PATTON BOGGS | 12/7-12/15/2006 | 92 | :30 |
| NBC4 SAFE AND SECURE COMMUNITY SHRED/MERCANTILE BANK/NATIONWIDE INSURANCE | 11/22-12/8/2006 | 105 | :15 |
| SALVATION ARMY/SHARE THE WARMTH COAT DRIVE/GEORGETOWN NURSES | 12/23-12/31/2006 | 59 | :30 |
| UNITED NEGRO COLLEGE FUND | 11/11-12/31/2006 | 24 | :60 |

4TH QUARTER 2006 PSA REPORT

PSA

UNITED WAY/HEALTHY CHILD DEVELOPMENT

NATIONAL CAPITOL AREA UNITED WAY/MARCUS WASHINGTON

US DEPT. OF HEALTH & HUMAN SERVICES/EAT HEALTHY

US DEPT. OF HEALTH/CHILDHOOD OBESITY

US DEPT. OF TRANSPORTATION/NATIONAL HIGHWAY SAFETY ADMIN/BOOSTER SEATS

US FOREST SERVICES/STOP WILDFIRES

| <u>RUN DATES</u> | <u># OF SPOTS</u> | <u>LENGTH</u> |
|------------------|-------------------|---------------|
| 11/5-12/2/2006 | 4 | :30, :15 |
| 12/13-12/30/2006 | 58 | :30 |
| 11/11-12/9/2006 | 3 | :30 |
| 10/7-10/21/2006 | 7 | :30 |
| 10/7-12/30/2006 | 22 | :30 |
| 107-11/25/2006 | 10 | :30, :10 |